

Coaches:

• Christopher J. Staub, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 3, 2019	Wed	Regular Season	Fayetteville- Manlius @ Baldwinsville	5:00 PM	7:30 PM	Bville - Baker P/A Stadium TRACK, Bville - Baker P/A Stadium TURF	Departure Time: 3:00 PM	L
Apr 10, 2019	Wed	Regular Season	@ Auburn	4:30 PM		Auburn HS - Al Wilson Track	Departure Time: 2:45 PM	L
Apr 22, 2019	Mon	Regular Season	Oswego, Fowler	4:30 PM		ESM High School - Stadium		L
Apr 29, 2019	Mon	Regular Season (Specialty Invite)	TBD	4:00 PM		ESM High School - Stadium		L
Apr 29, 2019	Mon	Regular Season	Phoenix	4:00 PM		ESM High School - Stadium		L
May 1, 2019	Wed	Regular Season	Fulton @ Cortland	4:30 PM	6:30 PM	Cortland Jr-Sr HS Stadium	Departure Time: 2:45 PM	L
May 3, 2019	Fri	Regular Season (Invitational)	Jamesville-Dewitt	4:15 PM		ESM High School - Stadium		L
May 3, 2019	Fri	Regular Season	Carthage	4:30 PM		ESM High School - Stadium		L
May 3, 2019	Fri	Post-Season (ESM Girls Invitational)	Bishop Grimes	4:30 PM		ESM High School - Stadium		NL
May 3, 2019	Fri	Regular Season (Invitational @ ESM HS)	Corcoran	4:30 PM		ESM High School - Stadium		L
May 3, 2019	Fri	Regular Season (ESM Girls Invite)	Weedsport, Westhill, Solvay, Pulaski, South Jefferson	4:30 PM		ESM High School - Stadium		L
May 3, 2019	Fri	Regular Season (ESM Invitational)	Lowville	4:30 PM		TBD		NL
May 8, 2019	Wed	Regular Season (Senior Night)	Jamesville-Dewitt, Central Square	4:30 PM		ESM High School - Stadium		L
May 16, 2019	Thu	Post-Season (SCAC Empire Track Championship)	Fulton, Central Square, Oswego, Fowler, Jamesville- Dewitt, Auburn, Cortland	5:00 PM	8:00 PM	ESM High School - Stadium		L
May 18, 2019	Sat	Regular Season (CNS Co-Ed Track & Field Event)	@ Cicero-North Syracuse	10:00 AM		CNS HS-Bragman Stadium	Departure Time: 9:00 AM	L
May 24, 2019	Fri	Regular Season (Track Sectionals)	@ TBD	4:00 PM		Central Square Turf/Stadium	Departure Time: 2:30 PM	L
May 24, 2019	Fri	Regular Season (Sectionals)	Oswego, Fulton, Watertown, Whitesboro, Carthage, Jamesville-Dewitt, Fowler, Indian River, New Hartford, Cortland @ Central Square	4:00 PM		Central Square Turf/Stadium		L
May 31, 2019	Fri	Post-Season (State Qualifier)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	Departure Time: 2:45 PM	L

Date: 2025-12-29