East Syracuse Minoa
(B) V Cross Country

Coaches:

- Pamela J. Herrington, Head Coach
- John R. Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2022	Fri	Regular Season (Practice)	TBD	TBD		ESM Kirkville Rd. Field	**Departure Time:** 8:00 AM	L
Sep 2, 2022	Fri	Regular Season (MWXC Crusader Kickoff)	@ TBD	3:30 PM		TBD	**Departure Time:** 10:30 AM	L
Sep 14, 2022	Wed	Regular Season	Cortland @ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium	**Departure Time:** 3:15 PM	L
Sep 17, 2022	Sat	Regular Season	@ DeRuyter	8:00 AM		Pine Grove Cross Country Track		NL
Sep 17, 2022	Sat	Regular Season (ESM Invite)	@ TBD	8:00 AM		ESM Kirkville Rd. Field		L
Sep 17, 2022	Sat	Regular Season (ESM Invitational)	Mexico	9:00 AM		Pine Grove Cross Country Track		L
Sep 17, 2022	Sat	Regular Season	Solvay	4:30 PM		ESM Kirkville Rd. Field		L
Sep 21, 2022	Wed	Regular Season	@ Auburn	4:30 PM		Auburn - Holland Stadium (Turf)	**Departure Time:** 2:50 PM	L
Sep 28, 2022	Wed	Regular Season	Oswego @ Central Square	4:30 PM		CS: MHE XC Course	**Departure Time:** 3:10 PM	L
Oct 1, 2022	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		TBD		L
Oct 4, 2022	Tue	Regular Season (Senior Night)	Jamesville-Dewitt, Fulton	4:30 PM		ESM Kirkville Rd. Field		L
Oct 7, 2022	Fri	Regular Season (Chitt Invite)	@ TBD	4:00 PM		TBD	**Departure Time:** 3:00 PM	L
Oct 7, 2022	Fri	Meet (Chittenango Bears Twilight Invitational 2022)	Vs. Multiple	4:00 PM	7:00 PM	Chittenango HS-Stadium, Chittenango HS-Soccer Field (Grass)		NL
Oct 15, 2022	Sat	Regular Season (Tully Invite)	@ TBD	TBD		TBD	**Departure Time:** 10:00 AM	L
Oct 19, 2022	Wed	Regular Season (SCAC League Meet)	Liverpool, Cicero-North Syracuse, Nottingham (Nottingham), Henninger (Henninger), Fayetteville-Manlius, West Genesee, Central Square, Fulton, Oswego, Auburn, Cortland, Jamesville-Dewitt, Corcoran (Syracuse West) @ Baldwinsville	4:30 PM	6:30 PM	Bville - Durgee Cross Country Trail, Bville - Durgee JHS Gym	**Departure Time:** 2:55 PM	L
Nov 5, 2022	Sat	Post-Season (Sectionals)	@ Vernon-Verona-Sherrill	9:00 AM	12:00 PM	Cross Country Course	**Departure Time:** 9:00 AM	L

Date: 2024-10-12