



East Syracuse Minoa

(G) 7/8TH Cross Country

Coaches:

- Carrie Zdobyak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Central Square, Jamesville-Dewitt	4:30 PM		ESM Kirkville Rd. Field		L
Sep 16, 2023	Sat	Regular Season (East Syracuse Minoa Invitational)	Bishop Ludden	9:00 AM		ESM Kirkville Rd. Field		NL
Sep 16, 2023	Sat	Regular Season (ESM XC Invitational)	TBD	9:00 AM		ESM Kirkville Rd. Field		NL
Sep 20, 2023	Wed	Regular Season	Nottingham @ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium		L
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invite)	@ TBD	TBD		Bville - Baker High School		NL
Sep 26, 2023	Tue	Regular Season	Oswego	5:30 PM		ESM Kirkville Rd. Field		L
Oct 4, 2023	Wed	Regular Season	Fulton @ Jamesville-Dewitt	5:30 PM		JD HS Stadium		L
Oct 7, 2023	Sat	Regular Season (Tully Invite)	@ TBD	TBD		Tully XC Course		NL
Oct 19, 2023	Thu	Regular Season (SCAC Modified XC Invitational)	Oswego, Fulton, Jamesville-Dewitt, Auburn, Nottingham, Corcoran (Syracuse West), Henninger, Cicero-North Syracuse, Liverpool, Fayetteville-Manlius, West Genesee, Baldwinsville, Central Square	4:30 PM	7:30 PM	ESM Kirkville Rd. Field		L

Date: 2026-01-28