



# East Syracuse Minoa

## (G) V Cross Country

### Coaches:

- Pamela J. Herrington, Head Coach
- John R. Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 10, 2021	Fri	Regular Season (VVS Invite)	@ Vernon-Verona-Sherrill	4:30 PM		Cross Country Course	<b>Departure Time:</b> 3:15 PM L
Sep 15, 2021	Wed	Regular Season	Fayetteville-Manlius, Central Square	4:30 PM		ESM Kirkville Rd. Field	NL
Sep 18, 2021	Sat	Regular Season (Invitational)	TBD	8:00 AM		ESM Kirkville Rd. Field	L
Sep 18, 2021	Sat	Regular Season (ESM Invitational)	West Genesee	9:00 AM		Pine Grove Cross Country Track	NL
Sep 18, 2021	Sat	Regular Season (ESM Invitational)	Chittenango	9:00 AM	1:00 PM	ESM Kirkville Rd. Field	NL
Sep 18, 2021	Sat	Regular Season (Invitational)	Port Byron (Port Byron/Union Springs)	9:00 AM		Pine Grove Cross Country Track	L
Sep 18, 2021	Sat	Regular Season (Invitational)	Altmar-Parish-Williamstown (APW Rebels)	9:00 AM		Pine Grove Cross Country Track	NL
Sep 18, 2021	Sat	Regular Season (Invitational)	Oswego	9:45 AM		Pine Grove Cross Country Track	NL
Sep 18, 2021	Sat	Regular Season (Invitational)	Central Valley Academy	TBD		ESM Kirkville Rd. Field	L
Sep 18, 2021	Sat	Regular Season	Solvay	TBD		ESM Kirkville Rd. Field	L
Sep 22, 2021	Wed	Regular Season	@ Auburn	4:30 PM		Auburn - Holland Stadium (Turf)	<b>Departure Time:</b> 2:30 PM L
Sep 25, 2021	Sat	Regular Season (B'ville Invite)	@ TBD	12:15 PM		Bville - Durgee Cross Country Trail	<b>Departure Time:</b> 11:00 AM L
Sep 29, 2021	Wed	Regular Season (Senior Night)	Oswego, Cortland	4:30 PM		ESM Kirkville Rd. Field	L
Oct 6, 2021	Wed	Regular Season	Fulton @ Jamesville-Dewitt	4:30 PM		JD HS Stadium	<b>Departure Time:</b> 3:15 PM L
Oct 8, 2021	Fri	Meet (Chittenango Twilight Bears Invitational)	Vs. Multiple	4:00 PM	7:00 PM	Chittenango HS-Stadium, Chittenango HS-XC Course	NL
Oct 16, 2021	Sat	Regular Season (Weedsport Invite)	Jordan-Elbridge, Oswego, Port Byron (Port Byron/Union Springs), Altmar-Parish-Williamstown (APW Rebels), Mynderse Academy, Phoenix, Auburn, Solvay, Corcoran (Syracuse West), Waterloo @ Weedsport	10:15 AM		Weedsport Jr.-Sr. High School	<b>Departure Time:</b> 8:00 AM NL

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Oct 20, 2021	Wed	Regular Season (SCAC Empire League Championships)	Auburn, Fowler (Syracuse West), Central Square, Oswego, Cortland, Jamesville-Dewitt, Fulton @ Baldwinsville	5:00 PM	6:00 PM	Bville - Durgee Cross Country Trail		L
Nov 6, 2021	Sat	Post-Season (Sectionals)	TBD	1:40 PM		VVS HS	<b>Departure Time:</b> 11:40 AM	NL

Date: 2026-01-07