



# East Syracuse Minoa

## (G) V Cross Country

### Coaches:

- Pamela J. Herrington, Head Coach
- John R. Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2023	Wed	Regular Season	Central Square	6:00 PM		ESM Kirkville Rd. Field		L
Sep 16, 2023	Sat	Regular Season (ESM XC Invitational)	TBD	9:00 AM		ESM Kirkville Rd. Field		NL
Sep 21, 2023	Thu	Practice	N/A	5:00 PM	6:45 PM	VVS HS	<b>Departure Time:</b> 4:15 PM	
Sep 26, 2023	Tue	Regular Season	Oswego	4:30 PM		ESM Kirkville Rd. Field		L

Date: 2024-04-20