Coaches:



• Michael P. deBerjeois, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 31, 2022	Mon	Practice	N/A	3:30 PM		ESM High School - Gym 1		
Nov 1, 2022	Tue	Practice	N/A	3:30 PM	6:00 PM	ESM High School - Gym 1		
Nov 2, 2022	Wed	Practice	N/A	3:30 PM	6:00 PM	ESM High School - Gym 1		
Nov 3, 2022	Thu	Practice	N/A	3:30 PM	6:00 PM	ESM High School - Gym 1		
Nov 4, 2022	Fri	Practice	N/A	3:30 PM		ESM High School - Gym 1		
Nov 7, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Main Gym		
Nov 9, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Main Gym		
Nov 14, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Main Gym		
Nov 15, 2022	Tue	Regular Season 47-55 L	@ Oswego (Blue)	5:00 PM		Oswego MS Gym	Departure Time: 3:30 PM	L
Nov 16, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Main Gym		
Nov 17, 2022	Thu	Regular Season	@ Auburn (White)	5:00 PM	6:30 PM	Auburn JH - Gymnasium	Departure Time: 3:30 PM	L
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Small Gym		
Nov 21, 2022	Mon	Regular Season 36-38 L	Oswego (White)	5:00 PM	6:30 PM	Pine Grove Middle School Main Gym		L
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Nov 28, 2022	Mon	Practice	N/A	3:30 PM		Pine Grove Middle School Main Gym		
Nov 29, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Small Gym		
Nov 30, 2022	Wed	Regular Season	@ Cicero-North Syracuse (White)	4:30 PM	6:30 PM	Gillette Main Gym	Departure Time: 3:30 PM	L
Dec 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Dec 2, 2022	Fri		Corcoran (Danforth - Brighton Academy (Gold))	5:00 PM		East Syracuse Elementary Gym, Door #2		L
Dec 6, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Small Gym		
Dec 7, 2022	Wed	Regular Season	@ Central Square (White)	5:00 PM		MHE Gym	Departure Time: 3:30 PM	L
Dec 8, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Dec 9, 2022	Fri	Regular Season	Fulton (Green)	5:00 PM		Pine Grove Middle School Main Gym		L
Dec 12, 2022	Mon		@ Corcoran (Danforth - Brighton Academy (Gold))	4:30 PM	7:00 PM	Danforth MS	Departure Time: 3:45 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Main Gym		
Dec 14, 2022	Wed	Practice	N/A	3:30 PM		Pine Grove Middle School Main Gym		
Dec 15, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Dec 19, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Pine Grove Middle School Small Gym		
Dec 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Dec 21, 2022	Wed		Nottingham (Ed Smith (Orange))	5:00 PM		East Syracuse Elementary Gym, Door #2		L
Dec 22, 2022	Thu	Regular Season	@ Cortland (Purple)	5:00 PM		Cortland Jr-Sr HS Aux Gym	Departure Time: 3:45 PM	L
Jan 3, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Jan 4, 2023	Wed		Corcoran (Clary MS (Maroon))	5:00 PM		Pine Grove Middle School Main Gym		L
Jan 5, 2023	Thu	Regular Season	TBD	5:00 PM		East Syracuse Elementary Gym, Door #2		L
Jan 6, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	East Syracuse Elementary Gym, Door #2		
Jan 7, 2023	Sat		East Syracuse Minoa (Orange)	9:00 AM		ESM High School - Gym 1		L

Date: 2025-12-16