



# Binghamton

## (B) V Winter Track

### Coaches:

- Jennifer Butts
- John Ochs
- Mark Fish

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Nov 15, 2022	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Nov 16, 2022	Wed	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Nov 17, 2022	Thu	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Nov 18, 2022	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Nov 21, 2022	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Nov 22, 2022	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Nov 23, 2022	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:00 PM	Alumni Stadium		
Nov 25, 2022	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:00 PM	Binghamton High School		
Nov 28, 2022	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Nov 29, 2022	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Nov 30, 2022	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 1, 2022	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Dec 2, 2022	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 5, 2022	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 6, 2022	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Dec 7, 2022	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 8, 2022	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Dec 9, 2022	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 12, 2022	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 13, 2022	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Dec 14, 2022	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 15, 2022	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Dec 16, 2022	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 19, 2022	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 20, 2022	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 21, 2022	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Dec 22, 2022	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 3, 2023	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 4, 2023	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 5, 2023	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 6, 2023	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 9, 2023	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 10, 2023	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 11, 2023	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 12, 2023	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 13, 2023	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 17, 2023	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 18, 2023	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 19, 2023	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 20, 2023	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 23, 2023	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 24, 2023	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 25, 2023	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 26, 2023	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Jan 27, 2023	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 30, 2023	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Jan 31, 2023	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Feb 1, 2023	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Feb 2, 2023	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Feb 3, 2023	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Feb 6, 2023	Mon	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Feb 7, 2023	Tue	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		
Feb 8, 2023	Wed	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Feb 9, 2023	Thu	Practice (Indoor Track)	N/A	3:45 PM	5:45 PM	Calvin Coolidge ES		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 10, 2023	Fri	Practice (Indoor Track)	N/A	3:00 PM	5:30 PM	Binghamton High School		
Feb 10, 2023	Fri	Post-Season (Sectionals)	@ TBD	TBD		TBD	Departure Point: BHS	NL
Feb 24, 2023	Fri	Post-Season (State Qualifier)	@ TBD	TBD		TBD	Departure Point: BHS	NL

Date: 2024-05-16