

## Coaches:

- Stephanie Harlan
- Mary Pat Keenan

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 28, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Nov 29, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Nov 30, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Dec 1, 2022	Thu	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 2, 2022	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 5, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Dec 6, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Dec 7, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 8, 2022	Thu	Regular Season	Norwich @ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool		L
Dec 9, 2022	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 12, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 13, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 14, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 16, 2022	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 19, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 20, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 21, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Dec 22, 2022	Thu	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool		
Jan 3, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 4, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 5, 2023	Thu	Regular Season	Susquehanna Valley, Windsor	5:30 PM	7:00 PM	East Middle School Pool		L
Jan 6, 2023	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 9, 2023	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 9, 2023	Mon	Regular Season	Chenango Forks @ Windsor	5:30 PM	7:00 PM	Windsor High School Pool		L
Jan 10, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 11, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		

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Jan 12, 2023	Thu	Regular Season	Norwich @ Chenango Valley	5:30 PM	7:00 PM	CV - HS Pool		L
Jan 13, 2023	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
CANCELLED Jan 16, 2023	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 17, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 18, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 19, 2023	Thu	Regular Season	Chenango Forks, Norwich	5:30 PM	7:00 PM	East Middle School Pool		L
Jan 20, 2023	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 23, 2023	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 24, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 25, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 26, 2023	Thu	Regular Season	Chenango Valley, Norwich	5:30 PM	7:00 PM	East Middle School Pool		L

Date: 2024-05-12