



Binghamton

(B) 7/8TH Swimming/Diving

Coaches:

- Stephanie Harlan
- Mary Pat Keenan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 28, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Nov 29, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Nov 30, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Dec 1, 2022	Thu	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 2, 2022	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 5, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Dec 6, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Dec 7, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 8, 2022	Thu	Regular Season	Norwich @ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	L
Dec 9, 2022	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 12, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 13, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 14, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 16, 2022	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 19, 2022	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 20, 2022	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 21, 2022	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Dec 22, 2022	Thu	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	East Middle School Pool	
Jan 3, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Jan 4, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Jan 5, 2023	Thu	Regular Season	Susquehanna Valley, Windsor	5:30 PM	7:00 PM	East Middle School Pool	L
Jan 6, 2023	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Jan 9, 2023	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Jan 9, 2023	Mon	Regular Season	Chenango Forks @ Windsor	5:30 PM	7:00 PM	Windsor High School Pool	L
Jan 10, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	
Jan 11, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Jan 12, 2023	Thu	Regular Season	Norwich @ Chenango Valley	5:30 PM	7:00 PM	CV - HS Pool		L
Jan 13, 2023	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
CANCELLED Jan 16, 2023	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 17, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 18, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 19, 2023	Thu	Regular Season	Chenango Forks, Norwich	5:30 PM	7:00 PM	East Middle School Pool		L
Jan 20, 2023	Fri	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 23, 2023	Mon	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 24, 2023	Tue	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 25, 2023	Wed	Practice (Boys Mod. Swim)	N/A	4:00 PM	6:00 PM	Binghamton High School-Pool		
Jan 26, 2023	Thu	Regular Season	Chenango Valley, Norwich	5:30 PM	7:00 PM	East Middle School Pool		L

Date: 2024-04-30