



Binghamton

(B) V Swimming/Diving

Coaches:

- Elizabeth Kuzel
- Jake Brigham

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 14, 2022	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 15, 2022	Tue	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 15, 2022	Tue	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 16, 2022	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 16, 2022	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 17, 2022	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 17, 2022	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 18, 2022	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 18, 2022	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 21, 2022	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 21, 2022	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 22, 2022	Tue	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 22, 2022	Tue	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 23, 2022	Wed	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Nov 25, 2022	Fri	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Nov 26, 2022	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Nov 28, 2022	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 28, 2022	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Nov 29, 2022	Tue	Regular Season 28-146 L	Horseheads	5:30 PM	7:00 PM	East Middle School Pool		L
Nov 30, 2022	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Nov 30, 2022	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2022	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 1, 2022	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 2, 2022	Fri	Regular Season 56-83 L	Chenango Valley	5:30 PM		East Middle School Pool		NL
Dec 3, 2022	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 5, 2022	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 5, 2022	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 6, 2022	Tue	Regular Season 53-70 L	@ Corning-Painted Post	5:30 PM	7:00 PM	C P P High School		L
Dec 7, 2022	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 7, 2022	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 8, 2022	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 8, 2022	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 10, 2022	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 12, 2022	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 12, 2022	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 13, 2022	Tue	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 13, 2022	Tue	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 14, 2022	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 14, 2022	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 15, 2022	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 15, 2022	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 16, 2022	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 16, 2022	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 17, 2022	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 19, 2022	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 19, 2022	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2022	Tue	Regular Season	@ Ithaca	5:30 PM	7:00 PM	IHS Pool (C150)		L
Dec 21, 2022	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 21, 2022	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 22, 2022	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Dec 22, 2022	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Dec 22, 2022	Thu	Regular Season	@ Oneonta	5:30 PM		Oneonta High School		NL
Dec 26, 2022	Mon	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 27, 2022	Tue	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 28, 2022	Wed	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 29, 2022	Thu	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Dec 30, 2022	Fri	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 2, 2023	Mon	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 3, 2023	Tue	Regular Season	@ Union-Endicott	5:30 PM	7:00 PM	UEHS Pool		L
Jan 4, 2023	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 4, 2023	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 5, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 5, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 6, 2023	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 6, 2023	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 6, 2023	Fri	Regular Season	@ Chenango Forks	5:30 PM		High School - Pool		NL
Jan 7, 2023	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 9, 2023	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 9, 2023	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 10, 2023	Tue	Regular Season	Maine-Endwell	5:30 PM	7:00 PM	East Middle School Pool		L
Jan 11, 2023	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 11, 2023	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 12, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 12, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 13, 2023	Fri	Regular Season	@ Windsor	5:30 PM		Windsor High School Pool		L
Jan 14, 2023	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 16, 2023	Mon	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 17, 2023	Tue	Regular Season 55-112 L	@ Elmira	5:30 PM	7:00 PM	EDA Pool		L
Jan 18, 2023	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 18, 2023	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 19, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 19, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 20, 2023	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 20, 2023	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 21, 2023	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 23, 2023	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 23, 2023	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 24, 2023	Tue	Regular Season 58-91 L	Vestal	5:30 PM	7:00 PM	East Middle School Pool		L
Jan 25, 2023	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 25, 2023	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 26, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 26, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 27, 2023	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 27, 2023	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Jan 28, 2023	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Jan 30, 2023	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Jan 30, 2023	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 31, 2023	Tue	Regular Season	Johnson City	5:30 PM	7:00 PM	East Middle School Pool		L
Feb 1, 2023	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 1, 2023	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 2, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 2, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 3, 2023	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 3, 2023	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 4, 2023	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Feb 6, 2023	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 6, 2023	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 8, 2023	Wed	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 8, 2023	Wed	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 9, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 9, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 10, 2023	Fri	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 10, 2023	Fri	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 11, 2023	Sat	Practice (Boys Varsity Swim)	N/A	8:00 AM	10:30 PM	East Middle School Pool		
Feb 13, 2023	Mon	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 13, 2023	Mon	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 14, 2023	Tue	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 14, 2023	Tue	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 15, 2023	Wed	Regular Season (Sectional Prelims)	@ TBD	TBD		TBD		NL
Feb 16, 2023	Thu	Practice (Boys Varsity Swim)	N/A	6:00 AM	7:10 AM	Binghamton High School-Pool		
Feb 16, 2023	Thu	Practice (Boys Varsity Swim)	N/A	3:45 PM	6:00 PM	East Middle School Pool		
Feb 17, 2023	Fri	Regular Season (Sectionals - Diving)	@ TBD	TBD		TBD		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 18, 2023	Sat	Post-Season (Section IV Class A Swim Finals - Tickets Trough GoFan)	Elmira, Horseheads, Corning-Painted Post, Ithaca, Vestal, Union- Endicott @ Watkins Glen (Storm)	3:30 PM	6:30 PM	W G Pool		NL
Feb 18, 2023	Sat	Regular Season (Sectional Finals)	@ TBD	TBD		TBD		NL

Date: 2024-05-09