



Binghamton

(G) 7/8TH Swimming/Diving

Coaches:

- Stephanie Harlan, Head Coach
- Mary Pat Keenan, Asst Coach
- Elizabeth Kuzel

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2025	Thu	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 5, 2025	Fri	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 8, 2025	Mon	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 9, 2025	Tue	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 10, 2025	Wed	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 11, 2025	Thu	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 12, 2025	Fri	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 15, 2025	Mon	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 16, 2025	Tue	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 17, 2025	Wed	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 18, 2025	Thu	Regular Season	Oneonta	5:30 PM	7:30 PM	East Middle School Pool		L
Sep 19, 2025	Fri	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 22, 2025	Mon	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 23, 2025	Tue	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 24, 2025	Wed	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 25, 2025	Thu	Regular Season	TBD @ Maine-Endwell	5:30 PM	7:30 PM	Maine-Endwell HS Pool		L
Sep 26, 2025	Fri	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 29, 2025	Mon	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Sep 30, 2025	Tue	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 1, 2025	Wed	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
POSTPONED Oct 2, 2025	Thu	Regular Season	Chenango Valley @ Norwich	5:30 PM	7:30 PM	East Middle School Pool		L
Oct 3, 2025	Fri	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 6, 2025	Mon	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 7, 2025	Tue	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 8, 2025	Wed	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 9, 2025	Thu	Regular Season	Norwich @ Union-Endicott	5:30 PM	7:30 PM	UEHS Pool		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2025	Fri	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 14, 2025	Tue	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 15, 2025	Wed	Practice	N/A	4:30 PM	6:30 PM	East Middle School Pool		
Oct 16, 2025	Thu	Regular Season	Owego Apalachin @ Johnson City	5:30 PM	7:30 PM	JC HS Pool		L

Date: 2026-03-03