

Coaches:

- Quentin (John) Ochs, Head Coach
- David Cody, Asst CoachMary Babola, Asst Coach
- Jennifer Butts, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|---------------|-------------|------------------------------|----------------|----------------------------|
| Apr 4, 2023 | Tue | Regular Season | Ithaca | 5:30 PM | | Alumni Stadium | | L |
| Apr 25, 2023 | Tue | Regular Season | @ Maine-Endwell | 5:00 PM | | Maine- Endwell HS Turf | | L |
| Apr 28, 2023 | Fri | Regular Season (ITHACA RELAYS) | Trumansburg, Candor (Candor), Newark Valley, Groton, TBD, Union- Endicott, Odessa-Montour, TBD @ Ithaca | 5:00 PM | 9:30 PM | IHS Moresco Stadium | | NL |
| May 3, 2023 | Wed | Regular Season (Senior Night) 40-90 L | Johnson City | 5:30 PM | | Alumni Stadium | | L |
| May 9, 2023 | Tue | Regular Season | @ Union-Endicott | 5:00 PM | | UEHS Mike Miller Track | | L |

Date: 2025-12-05