



# Binghamton (B) V Outdoor Track

## Coaches:

- John Ochs
- David Cody
- Mary Babola
- Mark Fish

| DATE         | WEEK DAY | TYPE                                      | OPPONENTS | START TIME | END TIME | LOCATION                   | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|----------------------------|----------------|---------------------|
| Mar 14, 2022 | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Mar 14, 2022 | Mon      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 15, 2022 | Tue      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 16, 2022 | Wed      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 17, 2022 | Thu      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 17, 2022 | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Mar 18, 2022 | Fri      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 19, 2022 | Sat      | Practice                                  | N/A       | 9:00 AM    | 11:00 AM | Alumni Stadium             |                |                     |
| Mar 21, 2022 | Mon      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 21, 2022 | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Mar 22, 2022 | Tue      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 23, 2022 | Wed      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 24, 2022 | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Mar 24, 2022 | Thu      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 25, 2022 | Fri      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 26, 2022 | Sat      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | Alumni Stadium             |                |                     |
| Mar 28, 2022 | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Mar 28, 2022 | Mon      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 29, 2022 | Tue      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 30, 2022 | Wed      | Regular Season                            | @ Vestal  | 5:00 PM    |          | Vestal Dick Hoover Stadium |                | L                   |
| Mar 31, 2022 | Thu      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Mar 31, 2022 | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 1, 2022  | Fri      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 2, 2022  | Sat      | Regular Season (NY/PA Invitational)       | @ TBD     | 10:00 AM   |          | Windsor High School Track  |                | NL                  |
| Apr 4, 2022  | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 4, 2022  | Mon      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |

| DATE         | WEEK DAY | TYPE                                      | OPPONENTS            | START TIME | END TIME | LOCATION                   | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|----------------------|------------|----------|----------------------------|----------------|---------------------|
| Apr 5, 2022  | Tue      | Regular Season                            | Corning-Painted Post | 5:30 PM    |          | Alumni Stadium             |                | L                   |
| Apr 6, 2022  | Wed      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 7, 2022  | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 7, 2022  | Thu      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 8, 2022  | Fri      | Regular Season (CSI Relays)               | @ TBD                | 5:00 PM    |          | High School - Stadium      |                | NL                  |
| Apr 9, 2022  | Sat      | Practice                                  | N/A                  | 9:00 AM    | 11:00 AM | Alumni Stadium             |                |                     |
| Apr 18, 2022 | Mon      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 18, 2022 | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 19, 2022 | Tue      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 21, 2022 | Thu      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 21, 2022 | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 22, 2022 | Fri      | Regular Season (Square Deal Invitational) | @ TBD                | 4:30 PM    |          | JC Wildcat Stadium         |                | NL                  |
| Apr 23, 2022 | Sat      | Practice                                  | N/A                  | 9:00 AM    | 11:00 AM | Alumni Stadium             |                |                     |
| Apr 25, 2022 | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 25, 2022 | Mon      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 25, 2022 | Mon      | Regular Season 80-60 W                    | @ Johnson City       | 5:00 PM    |          | JC Wildcat Stadium         |                | L                   |
| Apr 26, 2022 | Tue      | Regular Season 81-59 W                    | Union-Endicott       | 5:30 PM    |          | Alumni Stadium             |                | L                   |
| Apr 27, 2022 | Wed      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 28, 2022 | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| Apr 28, 2022 | Thu      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| Apr 29, 2022 | Fri      | Regular Season (Golden Bear Invitational) | @ TBD                | 5:00 PM    |          | Vestal Dick Hoover Stadium |                | NL                  |
| Apr 30, 2022 | Sat      | Practice                                  | N/A                  | 9:00 AM    | 11:00 AM | Alumni Stadium             |                |                     |
| May 2, 2022  | Mon      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| May 2, 2022  | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| May 3, 2022  | Tue      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| May 4, 2022  | Wed      | Regular Season                            | Maine-Endwell        | 5:30 PM    |          | Alumni Stadium             |                | L                   |
| May 5, 2022  | Thu      | Practice                                  | N/A                  | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                |                     |
| May 5, 2022  | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A                  | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                |                     |
| May 6, 2022  | Fri      | Regular Season (Ithaca Relays)            | @ TBD                | 4:00 PM    |          | IHS Moresco Stadium        |                | NL                  |

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|--------------|----------|---|-----------|------------|----------|----------------------------|-----------------------------|---------------------|
| May 7, 2022  | Sat      | Practice                                  | N/A       | 9:00 AM    | 11:00 AM | Alumni Stadium             |                             |                     |
| May 9, 2022  | Mon      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                             |                     |
| May 9, 2022  | Mon      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                             |                     |
| May 10, 2022 | Tue      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                             |                     |
| May 11, 2022 | Wed      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                             |                     |
| May 12, 2022 | Thu      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                             |                     |
| May 12, 2022 | Thu      | Practice (Sprinters, Jumpers, & Throwers) | N/A       | 3:30 PM    | 5:30 PM  | Binghamton High School-Gym |                             |                     |
| May 13, 2022 | Fri      | Practice                                  | N/A       | 3:30 PM    | 6:00 PM  | Alumni Stadium             |                             |                     |
| May 14, 2022 | Sat      | Regular Season (Parkhurst Invitational)   | @ TBD     | 12:00 PM   |          | UEHS Mike Miller Track     |                             | NL                  |

Date: 2024-06-02