



# Binghamton

## (B) 7/8TH Cross Country

### Coaches:

- Mary Babola, Head Coach
- Glenn Whittington

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Aug 18, 2025	Mon	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 19, 2025	Tue	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 20, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 21, 2025	Thu	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 22, 2025	Fri	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 25, 2025	Mon	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 26, 2025	Tue	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 27, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 28, 2025	Thu	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 29, 2025	Fri	Practice	N/A	5:00 PM	7:00 PM	Binghamton High School	
Aug 30, 2025	Sat	Regular Season (Cornig Relays)	@ TBD	10:00 AM		Watson Homestead, Painted Post, NY	NL
Sep 2, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 3, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 4, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 5, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 8, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 9, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 10, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 11, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 12, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 13, 2025	Sat	Regular Season (Stocke-Conwicke Invitational)	@ TBD	9:00 AM		Arnold Park	NL
Sep 15, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 16, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 17, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	
Sep 18, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2025	Fri	Regular Season (Owego Night Invitational)	@ TBD	6:00 PM		Owego Free Academy		NL
Sep 22, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Sep 23, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Sep 24, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Sep 25, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Sep 26, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational)	@ TBD	3:00 PM		Genesee Valley Park, Rochester		NL
Sep 29, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Sep 30, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 1, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 2, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 3, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 4, 2025	Sat	Regular Season (McDaniel/Baxter Invitational)	@ TBD	9:00 AM		CV - HS Warrior Stadium		NL
Oct 6, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 7, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 8, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 9, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 10, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 14, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 15, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 16, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 17, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 18, 2025	Sat	Regular Season (Marathon Invitational)	@ TBD	9:00 AM		Appleby Elementary School, Marathon		NL
Oct 20, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 21, 2025	Tue	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 22, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 23, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 24, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 25, 2025	Sat	Regular Season (STAC Championship)	@ TBD	12:00 PM		Fortin Park, Oneonta		NL
Oct 27, 2025	Mon	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 28, 2025	Tue	Regular Season (Last Chance Meet)	@ TBD	4:30 PM		Owego Free Academy		NL
Oct 29, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 30, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Oct 31, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	Binghamton High School		
Nov 1, 2025	Sat	Regular Season (Battle of Hynes Hill)	@ TBD	9:00 AM		Ann G McGuinness Elementary Cross Country Course		NL

Date: 2026-02-23