

DeRuyter
(B) V Outdoor Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Mar 12, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Mar 13, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Mar 14, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Mar 15, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Mar 18, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Mar 19, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Mar 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Mar 21, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Mar 22, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Mar 25, 2024	Mon	Practice	N/A	5:00 PM		DeRuyter HS Gym		
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
POSTPONED Mar 26, 2024	Tue	Scrimmage	Cazenovia, Cincinnatus	4:00 PM		DeRuyter HS Track		NL
Apr 2, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Apr 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Apr 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Apr 5, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Apr 9, 2024	Tue	Practice	N/A	4:00 PM	5:00 PM	DeRuyter HS Gym		
Apr 10, 2024	Wed	Regular Season	Cincinnatus @ Tully	4:30 PM	7:00 PM	Tully HS Track		L
Apr 10, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Apr 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	DeRuyter HS Gym		
Apr 12, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	DeRuyter HS Gym		
Apr 17, 2024	Wed	Regular Season	Manlius Pebble Hill, Faith Heritage	4:30 PM		DeRuyter HS Track		L
Apr 17, 2024	Wed	Regular Season	Cincinnatus, Bishop Grimes	4:30 PM		DeRuyter HS Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 19, 2024	Fri	Regular Season (*Onondaga Central Track Invitational*)	Syracuse Academy of Science, Cazenovia, Manlius Pebble Hill, Fabius-Pompey, Institute of Technology, Syracuse, Canastota, Mexico, Altmar-Parish-Williamstown (APW Rebels), Bishop Grimes, Faith Heritage, Cortland, Phoenix, Bishop Ludden, Cato-Meridian (Blue Devils), Jamesville-Dewitt, Remsen, Vernon-Verona-Sherrill @ Onondaga Central (OCS/Laf)	4:00 PM		Stadium		L
May 1, 2024	Wed	Regular Season	Fabius-Pompey, Cincinnatus @ Onondaga Central (OCS/Laf)	4:30 PM	7:00 PM	Stadium		L
May 3, 2024	Fri	Regular Season (REK Invitational hosted by Norwich at Sidney)	Deposit (Deposit-Hancock), Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), Afton (Afton/Harpur), Unatego, Newark Valley, Norwich, Morrisville-Eaton, TBD @ Sidney	4:00 PM		Sidney HS Track		NL
May 13, 2024	Mon	Post-Season (League Meet - American)	Cincinnatus, Manlius Pebble Hill, Faith Heritage, Onondaga Central (OCS/Laf), Fabius-Pompey, Bishop Grimes @ Tully	4:30 PM	9:00 PM	Tully HS Track		NL
May 17, 2024	Fri	Regular Season	Morrisville-Eaton, Faith Heritage, Bishop Grimes, Fabius-Pompey	4:00 PM		DeRuyter HS Track		NL
May 17, 2024	Fri	Regular Season (DCS Rockets Track Invitational)	Faith Heritage, Cazenovia	4:00 PM		DeRuyter HS Track		NL
May 24, 2024	Fri	Post-Season (Class D Sectionals)	Waterville, Hamilton, Notre Dame, Utica, Bishop Ludden, Cincinnatus, New York Mills, Poland, Remsen, Manlius Pebble Hill, Town of Webb UFSD (Varsity Boys Track), Faith Heritage, Watertown @ Oriskany	1:00 PM		Bernie Block Field @ Walbran Elementary Campus		NL

Date: 2025-12-05

