

DeRuyter
(G) V Cross Country

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-------------------------|--|------------|----------|----------------------------|----------------|---------------------|
| Aug 21, 2023 | Mon | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 22, 2023 | Tue | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 23, 2023 | Wed | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 24, 2023 | Thu | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 25, 2023 | Fri | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 28, 2023 | Mon | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 29, 2023 | Tue | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 30, 2023 | Wed | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Aug 31, 2023 | Thu | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Sep 1, 2023 | Fri | Practice | N/A | 6:00 PM | | DeRuyter HS Gym | | |
| Sep 13, 2023 | Wed | Regular Season | Tully, Cincinnatus, Faith Heritage @ Fabius-Pompey | 4:30 PM | 6:30 PM | Highland Forest | | L |
| Sep 20, 2023 | Wed | Regular Season | LaFayette @ Cincinnatus | 4:30 AM | 6:30 AM | TBD | | L |
| Oct 4, 2023 | Wed | Regular Season | Bishop Grimes, Bishop Ludden @ Manlius Pebble Hill | 4:30 PM | 6:30 PM | Manlius Pebble Hill School | | L |
| Oct 11, 2023 | Wed | Regular Season | Faith Heritage @ Onondaga Central | 4:30 PM | | Cross Country Trail | | L |
| Oct 25, 2023 | Wed | Meet (OHSL League Meet) | Vs. Multiple | 4:00 PM | 7:00 PM | Tully XC Course | | NL |

Date: 2025-12-05