



Cortland

(G) V Cheerleading (Winter)

Coaches:

- Angela Ostrander, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:20 PM	5:00 PM	TBD		
Nov 18, 2025	Tue	Practice	N/A	4:30 PM		Cortland JSHS Wrestling Room		
Nov 19, 2025	Wed	Practice	N/A	3:20 PM	5:00 PM	TBD		
Nov 20, 2025	Thu	Practice	N/A	4:30 PM		Cortland JSHS Wrestling Room		
Nov 21, 2025	Fri	Practice	N/A	3:20 PM	5:00 PM	TBD		
Nov 24, 2025	Mon	Practice	N/A	3:20 PM	5:00 PM	TBD		
Nov 25, 2025	Tue	Practice	N/A	3:20 PM	5:00 PM	TBD		
Nov 26, 2025	Wed	Practice	N/A	8:00 AM	9:30 AM	Cortland JSHS Wrestling Room		
Dec 1, 2025	Mon	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 2, 2025	Tue	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 5, 2025	Fri	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 8, 2025	Mon	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 9, 2025	Tue	Practice	N/A	3:20 PM	5:00 PM	Cortland JSHS Wrestling Room		
Dec 11, 2025	Thu	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 16, 2025	Tue	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 18, 2025	Thu	Practice	N/A	3:20 PM	5:00 PM	TBD		
Dec 19, 2025	Fri	Practice	N/A	3:20 PM	5:00 PM	TBD		

Date: 2025-12-05