



Cortland

(G) V Cheerleading (Winter)

Coaches:

- Angela Ostrander, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	7:00 PM	8:30 PM	TBD		
Nov 19, 2024	Tue	Practice	N/A	7:00 PM	8:30 PM	TBD		
Nov 20, 2024	Wed	Practice	N/A	7:00 PM	8:30 PM	TBD		
Nov 21, 2024	Thu	Practice	N/A	7:00 PM	8:30 PM	TBD		
Nov 22, 2024	Fri	Practice	N/A	7:00 PM	8:30 PM	TBD		
Nov 25, 2024	Mon	Practice	N/A	7:00 PM	8:30 PM	TBD		
Nov 26, 2024	Tue	Practice	N/A	7:00 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		
Nov 29, 2024	Fri	Practice	N/A	9:30 AM	11:30 AM	Cortland Jr-Sr HS Aux Gym		
Dec 2, 2024	Mon	Practice	N/A	5:00 PM	6:30 PM	TBD		
Dec 4, 2024	Wed	Practice	N/A	5:00 PM	6:30 PM	TBD		
Dec 5, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	Cortland Jr-Sr HS Aux Gym		
Dec 9, 2024	Mon	Practice	N/A	5:00 PM	6:30 PM	TBD		
Dec 10, 2024	Tue	Practice	N/A	5:00 PM	6:30 PM	Cortland Jr-Sr HS Aux Gym		
Dec 11, 2024	Wed	Practice	N/A	5:00 PM	6:30 PM	TBD		
Dec 12, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	Cortland Jr-Sr HS Aux Gym		
Dec 16, 2024	Mon	Practice	N/A	5:00 PM	6:30 PM	TBD		
Dec 18, 2024	Wed	Practice	N/A	5:00 PM	6:30 PM	TBD		
Dec 26, 2024	Thu	Practice	N/A	10:00 AM	12:00 PM	Cortland Jr-Sr HS Aux Gym		
Jan 2, 2025	Thu	Practice	N/A	3:45 PM	5:00 PM	TBD		
Jan 6, 2025	Mon	Practice	N/A	3:45 PM	5:00 PM	TBD		
Jan 9, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	TBD		
Jan 9, 2025	Thu	Practice	N/A	4:30 PM	5:30 PM	Cortland Jr-Sr HS Aux Gym		
Jan 10, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	TBD		
Jan 13, 2025	Mon	Practice	N/A	3:45 PM	5:00 PM	TBD		
Jan 16, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	TBD		
Jan 16, 2025	Thu	Practice	N/A	4:30 PM	5:15 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 21, 2025	Tue	Practice	N/A	3:45 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 21, 2025	Tue	Practice	N/A	4:30 PM	5:00 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 22, 2025	Wed	Practice	N/A	3:45 PM	5:00 PM	TBD		
Jan 24, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Cortland Jr-Sr HS Aux Gym		
Jan 27, 2025	Mon	Practice	N/A	3:45 PM	5:00 PM	TBD		
Jan 30, 2025	Thu	Practice	N/A	3:45 PM	5:00 PM	TBD		
Feb 3, 2025	Mon	Practice	N/A	3:45 PM	5:00 PM	TBD		
Feb 6, 2025	Thu	Practice	N/A	3:45 PM	5:00 PM	TBD		
Feb 8, 2025	Sat	Practice	N/A	8:00 PM	10:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 10, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Cortland Jr-Sr HS Shafer Gym		

Date: 2025-12-16