## Coaches:



• Abby Hess, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
POSTPONED Jan 19, 2023	Thu	Regular Season	Central Square (White)	5:00 PM	6:30 PM	Cortland Jr-Sr HS Aux Gym		L
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 23, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
CANCELLED Jan 25, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Jan 30, 2023	Mon	Regular Season	East Syracuse Minoa (Blue)	5:00 PM	7:00 PM	Cortland Jr-Sr HS Aux Gym		L
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 1, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 2, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
CANCELLED Feb 3, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 7, 2023	Tue	Scrimmage	McGraw @ TBD	5:00 PM	7:00 PM	Cortland Jr-Sr HS Aux Gym		NL
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 9, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 10, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 13, 2023	Mon	Regular Season	Homer	3:45 PM	5:15 PM	Cortland Jr-Sr HS Aux Gym		NL
Feb 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 15, 2023	Wed	Regular Season	@ Auburn (White)	5:00 PM	6:00 PM	Auburn JH - Gymnasium	Departure Time: 3:15 PM Return Date: Return Time: 7:30 PM	L
CANCELLED Feb 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 17, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Mar 1, 2023	Wed	Regular Season	Central Square (Maroon)	5:00 PM	6:30 PM	Cortland Jr-Sr HS Aux Gym		L
Mar 2, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Mar 6, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		
Mar 7, 2023	Tue	Regular Season	@ Central Square (White)	4:30 PM		MHE Gym	Departure Time: 3:15 PM Return Date: Return Time: 7:30 PM	L
Mar 8, 2023	Wed	Regular Season	@ East Syracuse Minoa (Orange)	4:30 PM		ESM High School - Gym 2	Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM	L

Date: 2025-12-19