



# Cortland

## (G) 7/8TH Outdoor Track

### Coaches:

- Ilona Ryon, Head Coach
- Shannon Bush, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 7, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 8, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	TBD			
Apr 9, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 10, 2025	Thu	Practice	N/A	3:15 PM	4:00 PM	TBD			
Apr 10, 2025	Thu	Practice	N/A	4:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym			
Apr 11, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 22, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 23, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 25, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 28, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 29, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 30, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 1, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
CANCELLED May 2, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 5, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
CANCELLED May 6, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 7, 2025	Wed	Regular Season	Fabius-Pompey, TBD @ Cazenovia	4:30 PM		Cazenovia High School Stadium & Track	Bus/Driver: Bud	Departure Point: Stadium Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
May 8, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 9, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 12, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 13, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 14, 2025	Wed	Regular Season	Bishop Grimes, Solvay	4:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium			L
May 15, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 19, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 20, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 21, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
CANCELLED May 22, 2025	Thu	Regular Season	Christian Brothers Academy, Dewitt	4:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium		L
May 27, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 28, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 29, 2025	Thu	Regular Season	Chittenango	4:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium		L
May 30, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Jun 2, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	TBD		
Jun 3, 2025	Tue	Regular Season	Faith Heritage, Syracuse Academy of Science @ Homer	4:30 PM		Homer HS Stadium (Butt's Field)	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L

Date: 2025-12-05