



Cortland

(G) 7/8TH Outdoor Track

Coaches:

- Ilona Ryon, Head Coach
- Shannon Bush, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|---|------------|----------|---------------------------|---|---------------------|
| Apr 15, 2024 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| Apr 16, 2024 | Tue | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| Apr 17, 2024 | Wed | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| Apr 18, 2024 | Thu | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| Apr 19, 2024 | Fri | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| Apr 29, 2024 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| Apr 30, 2024 | Tue | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 1, 2024 | Wed | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 2, 2024 | Thu | Regular Season | Tully, TBD @ Fabius-Pompey | 4:30 PM | 7:00 PM | Fabius-Pompey H S | Departure Time: 3:00 PM Return Date: Return Time: 7:45 PM | L |
| May 3, 2024 | Fri | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 6, 2024 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 7, 2024 | Tue | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 8, 2024 | Wed | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 9, 2024 | Thu | Regular Season | Homer, Onondaga Central, Tully @ Fabius-Pompey | 4:30 PM | 7:00 PM | Fabius-Pompey H S | Departure Time: 3:00 PM Return Date: Return Time: 7:45 PM | L |
| May 10, 2024 | Fri | Practice | N/A | 3:15 PM | 4:30 PM | Cortland Jr-Sr HS Stadium | | |
| May 15, 2024 | Wed | Regular Season | Homer, Fabius-Pompey, Faith Heritage | 5:00 PM | 8:00 PM | Cortland Jr-Sr HS Stadium | | L |
| May 23, 2024 | Thu | Regular Season | Tully, Syracuse Academy of Science, Fabius-Pompey @ TBD | 4:30 PM | | DeRuyter HS Track | Departure Time: 3:00 PM Return Date: Return Time: 7:45 PM | L |
| May 29, 2024 | Wed | Regular Season | TBD, Cincinnatus, Syracuse Academy of Science, Faith Heritage | 5:00 PM | 8:00 PM | Cortland Jr-Sr HS Stadium | | L |
| Jun 5, 2024 | Wed | Regular Season | Syracuse Academy of Science, DeRuyter, Homer | 5:00 PM | 8:00 PM | Cortland Jr-Sr HS Stadium | | L |

Date: 2024-05-03