



• Matt Dearie, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 17, 2025	Mon	Practice	N/A	2:50 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Mar 18, 2025	Tue	Practice	N/A	2:50 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Mar 19, 2025	Wed	Practice	N/A	2:50 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Mar 20, 2025	Thu	Practice	N/A	2:50 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Mar 21, 2025	Fri	Practice	N/A	2:50 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Mar 31, 2025	Mon	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 1, 2025	Tue	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 2, 2025	Wed	Practice	N/A	2:55 PM	4:00 PM	Cortland Jr- Sr HS Stadium			
Apr 3, 2025	Thu	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 4, 2025	Fri	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 7, 2025	Mon	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 8, 2025	Tue	Practice	N/A	2:45 PM	3:30 PM	Cortland Jr- Sr HS Weight Room			
POSTPONED Apr 8, 2025	Tue	Regular Season	@ Institute of Technology, Syracuse	4:30 PM		Fowler High School Stadium	<b>Bus/Driver:</b> Bud	Departure Point: Stadium Departure Time: 2:30 PM Return Date: Return Time: 9:30 PM	L
Apr 9, 2025	Wed	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 10, 2025	Thu	Practice	N/A	2:55 PM	4:30 PM	TBD			
Apr 11, 2025	Fri	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 14, 2025	Mon	Practice	N/A	10:00 AM	12:00 PM	Cortland Jr- Sr HS Stadium			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 15, 2025	Tue	Meet (Westhill Spring Invite)	Vs. Multiple	1:00 PM		Westhill HS Stadium	<b>Bus/Driver:</b> Liz	Departure Point: Stadium Departure Time: 11:00 AM Return Date: Return Time: 6:00 PM	NL
Apr 17, 2025	Thu	Practice	N/A	10:00 AM	12:00 PM	Cortland Jr- Sr HS Stadium			
Apr 22, 2025	Tue	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
CANCELLED Apr 23, 2025	Wed	Regular Season	Mexico	4:30 PM	9:30 PM	Cortland Jr- Sr HS Stadium			L
Apr 23, 2025	Wed	Regular Season	Mexico, Institute of Technology, Syracuse @ Homer	4:30 PM		Homer High School	<b>Bus/Driver:</b> Liz	Departure Point: Stadium Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM	L
Apr 24, 2025	Thu	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 25, 2025	Fri	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 26, 2025	Sat	Meet (Chittenango Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Chittenango HS- Stadium, Chittenango HS-Multi Turf	<b>Bus/Driver:</b> Pat	Departure Point: Stadium Departure Time: 9:00 AM Return Date: Return Time: 5:00 PM	NL
Apr 28, 2025	Mon	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 29, 2025	Tue	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
Apr 30, 2025	Wed	Regular Season	@ Chittenango	4:30 PM	7:00 PM	Chittenango HS- Stadium	Bus/Driver: Tom	Departure Point: Stadium Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
May 1, 2025	Thu	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
May 2, 2025	Fri	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 3, 2025	Sat	Regular Season (ESM Track Invitational)	Chittenango, Homer, Bishop Grimes, Cazenovia, Central Square, Mexico, Baldwinsville, Cicero-North Syracuse, Tully, Jamesville- Dewitt, Phoenix, Skaneateles, Living Word Academy, Pulaski @ East Syracuse Minoa	10:00 AM	4:00 PM	ESM High School - Stadium	<b>Bus/Driver:</b> Liz	Departure Point: Stadium Departure Time: 8:00 PM Return Date: Return Time: 3:00 PM	NL
May 5, 2025	Mon	Practice	N/A	2:55 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 6, 2025	Tue	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
May 7, 2025	Wed	Regular Season	Homer	5:15 PM	9:30 PM	Cortland Jr- Sr HS Stadium			L
May 8, 2025	Thu	Practice	N/A	2:55 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
May 9, 2025	Fri	Regular Season (Oneida Invitational)	@ TBD	3:45 PM		TBD	<b>Bus/Driver:</b> Bud	Departure Point: Stadium Departure Time: 1:30 PM Return Date: Return Time: 8:00 PM	L
May 12, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr- Sr HS Stadium			
May 13, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 14, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 15, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 16, 2025	Fri	Regular Season (FAST TIMES)	Ithaca, Newfield, Lansing, Horseheads, Notre Dame, Elmira, Elmira (Elmira Express), Waverly, Geneseo, Vestal, Thomas A Edison High School, Spencer-Van Etten @ Corning- Painted Post	4:30 PM		Corning Memorial Stadium	<b>Bus/Driver:</b> Bud	Departure Point: Stadium Departure Time: 2:00 PM Return Date: Return Time: 10:00 PM	L
May 19, 2025	Mon	Meet (OHSL Large School Track Championships)	Vs. Multiple	4:30 PM	8:30 PM	Westhill High School Track	Bus/Driver: Jim H	Departure Point: Stadium Departure Time: 2:45 PM Return Date: Return Time: 9:30 PM	NL
May 21, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 22, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 27, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 28, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr- Sr HS Stadium			
May 29, 2025	Thu	Regular Season (Class Meet)	@ Camden	4:30 PM		Camden High School	<b>Bus/Driver:</b> Bud	Departure Point: Stadium Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	L
Jun 2, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Jun 4, 2025	Wed	Practice	N/A	3:00 PM	4:00 PM	TBD			
CANCELLED Jun 5, 2025	Thu	Post-Season (Section 3 State Qualifiers)	@ TBD	4:00 PM		TBD		Departure Point: Stadium Departure Time: 2:00 PM Return Date: Return Time: 9:30 PM	L

Date: 2025-12-06