



Cortland

(G) V Outdoor Track

Coaches:

- Vince Lizama, Head Coach
- Matt Dearie, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 21, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 22, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 23, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 24, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 25, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 28, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 29, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 30, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 31, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 1, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 4, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 5, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 6, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 7, 2022	Thu	Practice	N/A	3:00 PM	4:00 PM	Cortland Jr-Sr HS Stadium		
Apr 8, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 12, 2022	Tue	Meet (Westhill Spring Break Invitational 2022)	Vs. Multiple	1:00 PM		Westhill HS Stadium / Track	Departure Time: 11:30 AM	NL
Apr 13, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 14, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		

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Apr 18, 2022	Mon	Regular Season	East Syracuse Minoa, Fowler	5:00 PM	7:30 PM	Cortland Jr-Sr HS Stadium		L
CANCELLED Apr 19, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 20, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 21, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 25, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 26, 2022	Tue	Regular Season	Auburn, Living Word Academy	5:00 PM		Cortland Jr-Sr HS Stadium		L
Apr 27, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 28, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 29, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 30, 2022	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	5:30 PM	Chittenango HS- Stadium	Departure Time: 11:00 AM	NL
May 2, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 5, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 6, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 9, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 10, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 11, 2022	Wed	Regular Season	Fulton @ Oswego	4:30 PM		Oswego Middle School Stadium	Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	L
May 12, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 13, 2022	Fri	Regular Season (Baldwinsville Invitational)	TBD	4:30 PM	9:00 PM	Cortland Jr-Sr HS Stadium	Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	NL
May 16, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 17, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 18, 2022	Wed	Practice	N/A	3:00 PM	4:00 PM	Cortland Jr-Sr HS Stadium		
May 19, 2022	Thu	Post-Season (SCAC Empire Division Championship)	Jamesville-Dewitt, Fulton, Auburn, Fowler, Oswego, East Syracuse Minoa @ Central Square	4:00 PM		Central Square Turf/Stadium	Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	L
May 20, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 27, 2022	Fri	Post-Season (Sectional Championship)	@ TBD	TBD		TBD	Departure Time: 2:00 PM Return Date: Return Time: 10:00 PM	L
Jun 2, 2022	Thu	Post-Season (State Qualifier)	@ TBD	TBD		TBD	Departure Time: 2:00 PM Return Date: Return Time: 10:00 PM	L

Date: 2024-05-02