



Cortland

(B) 7/8TH Outdoor Track

Coaches:

- Ilona Ryon, Head Coach
- Shannon Bush, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 7, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 8, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	TBD			
Apr 9, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 10, 2025	Thu	Practice	N/A	3:15 PM	4:00 PM	TBD			
Apr 10, 2025	Thu	Practice	N/A	4:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym			
Apr 11, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 22, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 23, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 25, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 28, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 29, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Apr 30, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 1, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
CANCELLED May 2, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 5, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
CANCELLED May 6, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 7, 2025	Wed	Regular Season	Fabius-Pompey @ Cazenovia	4:30 PM	8:00 PM	Cazenovia High School Stadium & Track	Bus/Driver: Bud	Departure Point: Stadium Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
May 8, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 9, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 12, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 13, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 14, 2025	Wed	Regular Season	Bishop Grimes, Solvay	4:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium			L
May 15, 2025	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 19, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 20, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 21, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
CANCELLED May 22, 2025	Thu	Regular Season	Christian Brothers Academy, Dewitt	4:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium			L
May 27, 2025	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 28, 2025	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
May 29, 2025	Thu	Regular Season	Chittenango	4:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium			L
May 30, 2025	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium			
Jun 2, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	TBD			

Jun 3, 2025	Tue	Regular Season	Faith Heritage, Syracuse Academy of Science @ Homer	4:30 PM		Homer High School			
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Departure Point:
 Stadium
Departure Time:
 3:45 PM
Return Date:
Return Time: 7:30 PM

Date: 2026-03-04