



# Cortland

## (B) 7/8TH Outdoor Track

### Coaches:

- Ilona Ryon, Head Coach
- Shannon Bush, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 4, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 5, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 6, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 7, 2022	Thu	Practice	N/A	3:00 PM	4:00 PM	Cortland Jr-Sr HS Stadium		
Apr 8, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 18, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
CANCELLED Apr 19, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 20, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 21, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 22, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 25, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 26, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 27, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 28, 2022	Thu	Regular Season	Auburn, Oswego	5:00 PM		Cortland Jr-Sr HS Stadium		L
Apr 29, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 2, 2022	Mon	Regular Season	@ East Syracuse Minoa	5:00 PM		ESM High School - Stadium	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
May 4, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 5, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 6, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 9, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 10, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 11, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 12, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 13, 2022	Fri	Regular Season	@ Jamesville-Dewitt (RED RAMS)	5:00 PM	7:00 PM	JD HS Stadium	<b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED May 16, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 17, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 18, 2022	Wed	Regular Season	Fowler	4:30 PM	6:30 PM	Cortland Jr-Sr HS Stadium		L
May 19, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 20, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 23, 2022	Mon	Regular Season	@ Central Square	5:00 PM		Central Square Turf/Stadium	<b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L

Date: 2025-12-05