



# Cortland

## (B) 7/8TH Outdoor Track

### Coaches:

- Ilona Ryon, Head Coach
- Shannon Bush, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 15, 2024	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 16, 2024	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 17, 2024	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 18, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 19, 2024	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 29, 2024	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 30, 2024	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 1, 2024	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 2, 2024	Thu	Regular Season	Tully, DeRuyter @ Fabius-Pompey	4:30 PM	7:00 PM	Fabius-Pompey H S	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:45 PM	L
May 3, 2024	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 6, 2024	Mon	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 7, 2024	Tue	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 8, 2024	Wed	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 9, 2024	Thu	Regular Season	Homer, Onondaga Central, Tully @ Fabius-Pompey	4:30 PM	7:00 PM	Fabius-Pompey H S	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:45 PM	L
May 10, 2024	Fri	Practice	N/A	3:15 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 15, 2024	Wed	Regular Season	Homer, Fabius-Pompey, Faith Heritage	5:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium		L
May 23, 2024	Thu	Regular Season	Southside Academy Charter School, Syracuse, Fabius-Pompey @ DeRuyter	4:30 PM		DeRuyter HS Track	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:45 PM	L
May 23, 2024	Thu	Regular Season	Tully, Fabius-Pompey, Syracuse Academy of Science @ DeRuyter	4:30 PM		DeRuyter HS Track	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:45 PM	L
May 29, 2024	Wed	Regular Season	DeRuyter, Cincinnatus, Syracuse Academy of Science, Faith Heritage	5:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium		L
Jun 5, 2024	Wed	Regular Season	Syracuse Academy of Science, DeRuyter, Homer	5:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium		L

Date: 2024-05-06

