



Cortland

(B) V Outdoor Track

Coaches:

- Luke Schweider, Head Coach
- Matt Dearie, Asst Coach
- Vince Lizama

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 12, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 13, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 14, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 15, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 18, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 19, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 20, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 21, 2024	Thu	Practice	N/A	2:45 PM	4:00 PM	Cortland Jr-Sr HS Stadium		
Mar 22, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 25, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 26, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 27, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Mar 28, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
CANCELLED Mar 29, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 2, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Apr 3, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	TBD		
POSTPONED Apr 3, 2024	Wed	Regular Season	@ Homer	TBD		Homer High School	Departure Time: 3:00 PM Return Date: L Return Time: 8:00 PM	
Apr 4, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 5, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 9, 2024	Tue	Regular Season	Mexico	5:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium		L
Apr 12, 2024	Fri	Meet (Tully Coed Invite)	Vs. Multiple	4:00 PM	9:00 PM	Tully HS	Departure Time: 2:45 PM Return Date: Return Time: 9:30 PM	NL
Apr 15, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 16, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 17, 2024	Wed	Regular Season	Chittenango	5:00 PM	7:30 PM	Cortland Jr-Sr HS Stadium		L
Apr 18, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 19, 2024	Fri	Regular Season (*Onondaga Central Track Invitational*)	Syracuse Academy of Science, Cazenovia, Manlius Pebble Hill, Fabius-Pompey, Institute of Technology, Syracuse, Canastota, Mexico, Altmar-Parish-Williamstown (APW Rebels), Bishop Grimes, Faith Heritage, Phoenix, Bishop Ludden, Cato-Meridian (Blue Devils), Jamesville-Dewitt, DeRuyter, Remsen, Vernon-Verona-Sherrill @ Onondaga Central (OCS/Laf)	4:00 PM		Stadium	Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	L
Apr 22, 2024	Mon	Practice	N/A	9:00 AM	11:00 AM	Cortland Jr-Sr HS Stadium		
Apr 23, 2024	Tue	Practice	N/A	9:00 AM	11:00 AM	Cortland Jr-Sr HS Stadium		
Apr 25, 2024	Thu	Practice	N/A	9:00 AM	11:00 AM	Cortland Jr-Sr HS Stadium		
Apr 26, 2024	Fri	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	7:00 PM	Chittenango HS- Stadium	Departure Time: 11:00 AM Return Date: Return Time: 7:00 PM	NL
Apr 29, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
Apr 30, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 1, 2024	Wed	Regular Season	Institute of Technology, Syracuse @ Homer	4:00 PM		Homer High School	Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	L
May 2, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 3, 2024	Fri	Regular Season (Ed Wadas Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, Clinton, South Jefferson, Altmar-Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, South Lewis, Adirondack, Central Square, Weedsport, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School	Departure Time: 1:30 PM Return Date: Return Time: 10:30 PM	NL
May 3, 2024	Fri	Regular Season (Whitesboro Invite)	@ TBD	4:00 PM	9:00 PM	TBD	Departure Time: 1:30 PM Return Date: Return Time: 10:30 PM	NL
May 6, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 7, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 8, 2024	Wed	Regular Season	@ Westhill	4:30 PM		Westhill High School Track	Departure Time: 2:45 PM Return Date: Return Time: 9:00 PM	L
May 9, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 10, 2024	Fri	Regular Season (Corning Fast Times Invite)	@ TBD	4:30 PM	9:30 PM	TBD	Departure Time: 1:30 PM Return Date: Return Time: 10:30 PM	NL
May 13, 2024	Mon	Meet (2024 OHSL LIBERTY LEAGUE MEET)	Vs. Multiple	4:30 PM		Chittenango HS- Stadium	Departure Time: 2:00 PM Return Date: Return Time: 10:00 PM	NL
May 14, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 15, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 20, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 21, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 22, 2024	Wed	Post-Season (Class A Sectional Championship)	Central Square, Oswego, Watertown, Fulton, Whitesboro, Auburn, Corcoran, Nottingham, Fowler, Jamesville-Dewitt, Carthage, New Hartford, Indian River @ East Syracuse Minoa	4:30 PM		ESM High School - Stadium	Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
May 23, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 28, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		
May 29, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Stadium		

Date: 2025-12-05