



# Cortland

## (B) 7/8TH Cross Country

### Coaches:

- Janice Meyer, Head Coach

| DATE         | WEEK DAY | TYPE   | OPPONENTS   | START TIME | END TIME | LOCATION                             | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|--------------------------------------|--|---------------------|
| Sep 15, 2018 | Sat      | Regular Season (Invitational)                | @ East Syracuse Minoa   | 9:00 AM    | 12:00 PM | Pine Grove Cross Country Track       | <b>Departure Time:</b> 7:00 AM<br><b>Return Date:</b><br><b>Return Time:</b> 1:00 PM | L                   |
| Sep 15, 2018 | Sat      | Regular Season (Invitational)                | @ East Syracuse Minoa   | 9:00 AM    |          | Pine Grove Middle School Main Gym    | <b>Departure Time:</b> 7:00 AM<br><b>Return Date:</b><br><b>Return Time:</b> 1:00 PM | NL                  |
| Sep 19, 2018 | Wed      | Regular Season                               | Fulton, East Syracuse Minoa   | 4:30 PM    | 6:30 PM  | Cortland Jr-Sr High School CC Course |  | L                   |
| Sep 22, 2018 | Sat      | Regular Season (Invitational)                | @ TBD   | 1:00 PM    | 4:00 PM  | Bville - Durgee Cross Country Trail  | <b>Departure Time:</b> 7:00 AM<br><b>Return Date:</b><br><b>Return Time:</b> 5:30 PM | L                   |
| Sep 26, 2018 | Wed      | Regular Season                               | @ Jamesville-Dewitt   | 4:30 PM    | 6:00 PM  | JD HS Stadium                        | <b>Departure Time:</b> 2:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 7:30 PM | L                   |
| Sep 29, 2018 | Sat      | Regular Season (EJ Herrmann Invitational)    | @ Utica Proctor (JFK/DMS)   | 9:30 AM    | 4:00 PM  | Proctor Park                         | <b>Departure Time:</b> 7:00 AM<br><b>Return Date:</b><br><b>Return Time:</b> 5:30 PM | L                   |
| Oct 3, 2018  | Wed      | Regular Season                               | Oswego, Auburn  | 4:30 PM    | 6:30 PM  | Cortland Jr-Sr High School CC Course |  | L                   |
| Oct 6, 2018  | Sat      | Regular Season (Invitational)                | @ TBD   | 11:00 AM   | 3:30 PM  | Tully XC Course                      | <b>Departure Time:</b> 9:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 4:30 PM | L                   |
| Oct 17, 2018 | Wed      | Regular Season (Empire Division League Meet) | Jamesville-Dewitt, Fulton, Central Square, East Syracuse Minoa, Auburn, Fowler (Syracuse West) @ Oswego | 4:45 PM    |          | Oswego MS                            | <b>Departure Time:</b> 2:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 7:30 PM | L                   |
| Oct 23, 2018 | Tue      | Regular Season                               | Fowler (Syracuse West), Corcoran (Syracuse West) @ Central Square                                       | 4:30 PM    | 6:00 PM  | CS: MHE XC Course                    | <b>Departure Time:</b> 2:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 7:30 PM | L                   |

Date: 2026-01-31