



# Cortland

## (B) 7/8TH Cross Country

### Coaches:

- Paul Drexler, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 29, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 30, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 31, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 5, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 6, 2023	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 7, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 8, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 11, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 12, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 13, 2023	Wed	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 14, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
CANCELLED Sep 15, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 18, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 19, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 21, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 22, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 25, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 26, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 28, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Sep 29, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 2, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 3, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 4, 2023	Wed	Regular Season	Westhill	4:30 PM	5:30 PM	Cortland Jr-Sr High School CC Course		L
Oct 5, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Oct 6, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 10, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 11, 2023	Wed	Regular Season	Christian Brothers Academy, Dewitt	4:30 PM	5:30 PM	Cortland Jr-Sr High School CC Course		L
Oct 12, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 13, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 16, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 17, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 18, 2023	Wed	Regular Season	Homer	4:30 PM	5:30 PM	Cortland Jr-Sr High School CC Course		L
Oct 19, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 20, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		
Oct 23, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr High School CC Course		

Date: 2024-05-07