



Cortland

(B) V Cross Country

Coaches:

- Paul Drexler, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 29, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 31, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 1, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 2, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 6, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 7, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 8, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 9, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 12, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 13, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 14, 2022	Wed	Regular Season	East Syracuse Minoa @ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium		L
Sep 15, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 16, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 17, 2022	Sat	Regular Season (ESM Invite)	@ TBD	TBD		TBD	Departure Time: 6:45 AM	L
CANCELLED Sep 19, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 20, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 21, 2022	Wed	Regular Season	Central Square @ Jamesville-Dewitt	4:30 PM		JD HS Stadium	Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 23, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		TBD	Departure Time: 7:00 AM	NL
Sep 28, 2022	Wed	Regular Season	@ Fulton	4:30 PM		Granby E S	Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
Oct 3, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 4, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 5, 2022	Wed	Regular Season	Oswego @ Auburn	4:30 PM		Auburn - Holland Stadium (Turf)	Departure Time: 3:00 PM Return Date: Return Time: 7:15 PM	L
Oct 6, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 7, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 10, 2022	Mon	Practice	N/A	8:30 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Oct 11, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 12, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 13, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 14, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 15, 2022	Sat	Regular Season	Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Jamesville-Dewitt, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Sandy Creek, South Jefferson, Trumansburg, Whitesboro, Sullivan West, Altmar-Parish-Williamstown (APW Rebels) @ Tully	8:45 AM	2:00 PM	Tully XC Course	Departure Time: 8:00 AM Return Date: Return Time: 1:00 PM	NL

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Oct 15, 2022	Sat	Regular Season (Tully Invitational)	@ TBD	TBD		TBD	Departure Time: 8:00 AM Return Date: Return Time: 1:00 PM	NL
Oct 17, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 18, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 19, 2022	Wed	Regular Season (SCAC League Meet)	Liverpool, Cicero-North Syracuse, Nottingham (Nottingham), Henninger (Henninger), Fayetteville-Manlius, West Genesee, East Syracuse Minoa, Central Square, Fulton, Oswego, Auburn, Jamesville-Dewitt, Corcoran (Syracuse West) @ Baldwinsville	4:30 PM	6:30 PM	Bville - Durgee Cross Country Trail, Bville - Durgee JHS Gym	Departure Time: 2:15 PM Return Date: Return Time: 7:00 PM	L
Oct 24, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 25, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 26, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 27, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 28, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 31, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 1, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 2, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 3, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 4, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 5, 2022	Sat	Post-Season (Sectional Meet @ VVS)	@ TBD	11:30 AM	12:00 PM	TBD	Departure Time: 8:45 AM Return Date: Return Time: 2:30 PM	NL

