



# Cortland

## (G) 7/8TH Cross Country

### Coaches:

- Janice Meyer, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 3, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 4, 2024	Wed	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 5, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 6, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 9, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 10, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 12, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 13, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 14, 2024	Sat	Regular Season	@ East Syracuse Minoa	8:00 AM		Pine Grove Cross Country Track	<b>Bus/Driver:</b> Liz	<b>Departure Point:</b> Evening Entrance <b>Departure Time:</b> 7:00 AM	L
Sep 16, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 17, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 18, 2024	Wed	Regular Season	Christian Brothers Academy, Dewitt, Jordan-Elbridge, Cazenovia	4:30 PM	6:30 PM	Gutchess Lumber Sports Park XC Trail			L
Sep 19, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 20, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Andrew	<b>Departure Time:</b> 9:15 AM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	L
Sep 23, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 25, 2024	Wed	Regular Season	Phoenix, Cazenovia @ Mexico	4:30 PM	6:00 PM	Mexico MS-XC Trail	<b>Bus/Driver:</b> Paul (Coach)	<b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
Sep 26, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 27, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Sep 30, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 1, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 2, 2024	Wed	Regular Season	Skaneateles, Homer @ Cazenovia	4:30 PM		Cazenovia Googin/Fenner X-C Course	<b>Bus/Driver:</b> June	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
Oct 3, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 4, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 5, 2024	Sat	Regular Season (Tully @ TBD Invitational)	@ TBD	8:45 AM		TBD	<b>Bus/Driver:</b> Liz	<b>Departure Point:</b> Evening Entrance <b>Departure Time:</b> 8:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	L
Oct 5, 2024	Sat	Meet (Tully XC Invite )	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course	<b>Bus/Driver:</b> Liz	<b>Departure Point:</b> Evening Entrance <b>Departure Time:</b> 8:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	NL
Oct 7, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 8, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 9, 2024	Wed	Regular Season	Cazenovia, Solvay @ Chittenango	4:30 PM	6:30 PM	Chittenango HS- XC Course	<b>Bus/Driver:</b> Paul (Coach)	<b>Departure Point:</b> Evening Entrance <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
CANCELLED Oct 10, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 11, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 15, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 16, 2024	Wed	Meet (OHSL Modified Meet)	Vs. Multiple	4:00 PM	6:30 PM	JE HS Cross Country Course	Bus/Driver: Bud	Departure Point: Evening Entrance Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	NL
Oct 17, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 18, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 19, 2024	Sat	Regular Season (Marathon Invitational)	@ TBD	8:45 AM		TBD	Bus/Driver: Liz	Departure Point: Evening Entrance Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Oct 21, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 22, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr High School CC Course			
Oct 23, 2024	Wed	Regular Season (Skan/JE scoring )	Jordan-Elbridge, Westhill @ Skaneateles	4:30 PM		Skaneateles Polo Grounds	Bus/Driver: Andy	Departure Point: Evening Entrance Departure Time: 2:30 PM Return Date: Return Time: 7:30 PM	L

Date: 2025-12-05