



## Coaches:

- Janice Meyer, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 15, 2018	Sat	Regular Season (Invitational)	@ East Syracuse Minoa	9:00 AM	12:00 PM	Pine Grove Cross Country Track	<b>Departure Time:</b> 7:00 AM <b>Return Date:</b> L <b>Return Time:</b> 1:00 PM
Sep 19, 2018	Wed	Regular Season	Fulton, East Syracuse Minoa	4:30 PM	6:30 PM	Cortland Jr-Sr High School CC Course	L
Sep 22, 2018	Sat	Regular Season (Invitational)	@ TBD	1:00 PM	4:00 PM	Bville - Durgee Cross Country Trail	<b>Departure Time:</b> 7:00 AM <b>Return Date:</b> L <b>Return Time:</b> 5:30 PM
Sep 26, 2018	Wed	Regular Season	@ Jamesville-Dewitt	4:30 PM	6:00 PM	JD HS Stadium	<b>Departure Time:</b> 2:45 PM <b>Return Date:</b> L <b>Return Time:</b> 7:30 PM
Sep 29, 2018	Sat	Regular Season (Invitational)	@ TBD	9:30 AM	4:00 PM	Proctor Park	<b>Departure Time:</b> 7:00 AM <b>Return Date:</b> L <b>Return Time:</b> 5:30 PM
Oct 3, 2018	Wed	Regular Season	Auburn, Oswego	4:30 PM	6:30 PM	Cortland Jr-Sr High School CC Course	L
Oct 6, 2018	Sat	Regular Season (Invitational)	@ TBD	11:00 AM	1:30 PM	TBD	<b>Departure Time:</b> 9:30 AM <b>Return Date:</b> L <b>Return Time:</b> 4:30 PM
Oct 17, 2018	Wed	Regular Season (Empire Division League Meet)	Jamesville-Dewitt, Fulton, Central Square, East Syracuse Minoa, Fowler (Syracuse West) @ Oswego	4:45 PM		Oswego MS	<b>Departure Time:</b> 2:00 PM <b>Return Date:</b> L <b>Return Time:</b> 7:30 PM
Oct 23, 2018	Tue	Regular Season	Fowler (Syracuse West), Corcoran (Syracuse West) @ Central Square	4:30 PM	6:00 PM	CS: MHE XC Course	<b>Departure Time:</b> 2:15 PM <b>Return Date:</b> L <b>Return Time:</b> 7:30 PM

Date: 2026-02-02