



Cortland

(G) 7/8TH Cross Country

Coaches:

- Paul Drexler, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|-----------|------------|----------|--------------------------------------|---|---------------------|
| Aug 28, 2023 | Mon | Practice | N/A | 8:00 AM | 10:00 AM | Cortland Jr-Sr High School CC Course | | |
| Aug 29, 2023 | Tue | Practice | N/A | 8:00 AM | 10:00 AM | Cortland Jr-Sr High School CC Course | | |
| Aug 30, 2023 | Wed | Practice | N/A | 8:00 AM | 10:00 AM | Cortland Jr-Sr High School CC Course | | |
| Aug 31, 2023 | Thu | Practice | N/A | 8:00 AM | 10:00 AM | Cortland Jr-Sr High School CC Course | | |
| Sep 1, 2023 | Fri | Practice | N/A | 8:00 AM | 10:00 AM | Cortland Jr-Sr High School CC Course | | |
| Sep 5, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 6, 2023 | Wed | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 7, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 8, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 11, 2023 | Mon | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 12, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 13, 2023 | Wed | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 14, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| CANCELLED Sep 15, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 18, 2023 | Mon | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 19, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 20, 2023 | Wed | Regular Season | @ Mexico | 4:30 PM | 5:30 PM | Mexico MS-XC Trail | Departure Time: 2:45 PM Return Date: L Return Time: 8:15 PM | |
| Sep 21, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|------------------------------------|------------|----------|--------------------------------------|--|---------------------|
| Sep 22, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 23, 2023 | Sat | Regular Season (Baldwinsville Invite) | @ TBD | 12:40 PM | | TBD | Departure Time: 9:30 AM Return Date: Return Time: 3:30 PM | NL |
| Sep 25, 2023 | Mon | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 26, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 27, 2023 | Wed | Regular Season | @ Chittenango | 4:30 PM | 5:30 PM | Chittenango HS- XC Course | Departure Time: 2:45 PM Return Date: Return Time: 8:15 PM | L |
| Sep 28, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 29, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Sep 30, 2023 | Sat | Regular Season (McQuaid Invite) | @ TBD | TBD | | TBD | | NL |
| Oct 2, 2023 | Mon | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 3, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 4, 2023 | Wed | Regular Season | Westhill | 4:30 PM | 5:30 PM | Cortland Jr-Sr High School CC Course | | L |
| Oct 5, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 6, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 7, 2023 | Sat | Regular Season (Tully Invite) | @ TBD | TBD | | TBD | Departure Time: 7:45 AM | NL |
| Oct 10, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 11, 2023 | Wed | Regular Season | Christian Brothers Academy, Dewitt | 4:30 PM | 5:30 PM | Cortland Jr-Sr High School CC Course | | L |
| Oct 12, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 13, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 14, 2023 | Sat | Regular Season (Marathon Cross Country Invitational) | @ TBD | 9:15 AM | | TBD | Departure Time: 8:00 AM | NL |
| Oct 16, 2023 | Mon | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |

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| Oct 17, 2023 | Tue | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 18, 2023 | Wed | Regular Season | Homer | 4:30 PM | 5:30 PM | Cortland Jr-Sr High School CC Course | | L |
| Oct 19, 2023 | Thu | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 20, 2023 | Fri | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 21, 2023 | Sat | Regular Season (Weedsport Invite) | @ TBD | 9:15 AM | | TBD | Departure Time: 7:00 AM | NL |
| Oct 21, 2023 | Sat | Regular Season (Skan/JE scoring) | Jordan-Elbridge, Westhill @ Skaneateles | 4:30 PM | | Skaneateles Polo Grounds | | L |
| Oct 23, 2023 | Mon | Practice | N/A | 2:45 PM | 4:30 PM | Cortland Jr-Sr High School CC Course | | |
| Oct 24, 2023 | Tue | Meet (OHSL MODIFIED END OF SEASON XC MEET) | Vs. Multiple | 4:30 PM | | Marcellus Park | Departure Time: 2:45 PM | NL |

Date: 2024-04-26