



Cortland

(G) V Cross Country

Coaches:

- Paul Drexler, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 29, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Aug 31, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 1, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 2, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Sep 6, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 7, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 8, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 9, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 12, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 13, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 14, 2022	Wed	Regular Season	East Syracuse Minoa @ Corcoran (Syracuse West)	5:00 PM		Corcoran Stadium		L
Sep 15, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 16, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 17, 2022	Sat	Regular Season (ESM Invite)	@ TBD	TBD		TBD	Departure Time: 6:45 AM	NL
CANCELLED Sep 19, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 20, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 21, 2022	Wed	Regular Season	Central Square @ Jamesville-Dewitt	5:00 PM		JD HS Stadium	Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 23, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		TBD	Departure Time: 7:00 AM	NL
Sep 28, 2022	Wed	Regular Season	@ Fulton	4:30 PM		Granby E S	Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
Oct 3, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 4, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 5, 2022	Wed	Regular Season	Oswego @ Auburn	5:00 PM		Auburn - Holland Stadium (Turf)	Departure Time: 3:00 PM Return Date: Return Time: 7:15 PM	L
Oct 6, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 7, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 10, 2022	Mon	Practice	N/A	8:30 AM	10:00 AM	Cortland Jr-Sr High School CC Course		
Oct 11, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 12, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 13, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 14, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 15, 2022	Sat	Regular Season	Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Oneida, Sandy Creek, South Jefferson, Trumansburg, Whitesboro, Sullivan West, Altmar-Parish-Williamstown (APW Rebels) @ Tully	8:45 AM	2:00 PM	Tully H S	Departure Time: 8:00 AM Return Date: Return Time: 1:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 15, 2022	Sat	Regular Season (Tully Invitational)	@ TBD	TBD		TBD	Departure Time: 8:00 AM Return Date: Return Time: 1:00 PM	NL
Oct 17, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 18, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 19, 2022	Wed	Post-Season (SCAC League Meet)	Liverpool, Cicero-North Syracuse, Nottingham (Nottingham), Henninger (Henninger), Fayetteville-Manlius, West Genesee, East Syracuse Minoa, Central Square, Fulton, Oswego, Auburn, Jamesville-Dewitt, Corcoran (Syracuse West) @ Baldwinsville	4:30 PM	6:30 PM	Bville - Durgee Cross Country Trail, Bville - Durgee JHS Gym	Departure Time: 2:15 PM Return Date: Return Time: 7:00 PM	L
Oct 24, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 25, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 26, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 27, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 28, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Oct 31, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 1, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 2, 2022	Wed	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 3, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		
Nov 4, 2022	Fri	Practice	N/A	2:45 PM	5:00 PM	Cortland Jr-Sr High School CC Course		

Date: 2025-12-18