## Coaches:



• Angela Ostrander, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 19, 2025	Tue	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 20, 2025	Wed	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 21, 2025	Thu	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 22, 2025	Fri	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 25, 2025	Mon	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 26, 2025	Tue	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 27, 2025	Wed	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Aug 28, 2025	Thu	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Stadium	
Sep 2, 2025	Tue	Practice	N/A	3:20 PM	4:30 PM	Cortland Jr-Sr HS Stadium	
Sep 3, 2025	Wed	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 4, 2025	Thu	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 5, 2025	Fri	Regular Season	Solvay	6:30 PM	8:30 PM	Cortland Jr-Sr HS Stadium	L
Sep 8, 2025	Mon	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 9, 2025	Tue	Practice	N/A	3:20 PM	4:30 PM	Cortland Jr-Sr HS Stadium	
Sep 10, 2025	Wed	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 11, 2025	Thu	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 12, 2025	Fri	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 15, 2025	Mon	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 16, 2025	Tue	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 17, 2025	Wed	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Field Hockey/Lax	
Sep 18, 2025	Thu	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 19, 2025	Fri	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 22, 2025	Mon	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium	
Sep 23, 2025	Tue	Practice	N/A	3:20 PM	4:30 PM	Cortland Jr-Sr HS Stadium	
Sep 24, 2025	Wed	Practice	N/A	3:20 PM	4:30 PM	Cortland Jr-Sr HS Stadium	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 25, 2025	Thu	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium		
Sep 26, 2025	Fri	Regular Season	Institute of Technology, Syracuse (Cheer Fall)	6:30 PM	8:30 PM	Cortland Jr-Sr HS Stadium		L
Sep 29, 2025	Mon	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium		
Sep 30, 2025	Tue	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium		
Oct 1, 2025	Wed	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Field Hockey/Lax		
CANCELLED Oct 2, 2025	Thu	Regular Season	South Jefferson (Fall)	6:30 PM	8:30 PM	Cortland Jr-Sr HS Stadium		L
Oct 3, 2025	Fri	Practice	N/A	3:20 PM	5:15 PM	Cortland Jr-Sr HS Stadium		
Oct 6, 2025	Mon	Practice	N/A	2:40 PM	4:15 PM	Cortland Jr-Sr HS Stadium		
CANCELLED Oct 8, 2025	Wed	Practice	N/A	2:40 PM	4:15 PM	Cortland Jr-Sr HS Stadium		
Oct 10, 2025	Fri	Practice	N/A	2:40 PM	4:15 PM	Cortland Jr-Sr HS Stadium		
Oct 13, 2025	Mon	Practice	N/A	10:00 AM	11:45 PM	Cortland Jr-Sr HS Stadium		
Oct 15, 2025	Wed	Practice	N/A	2:40 PM	4:15 PM	Cortland JSHS Wrestling Room		
Oct 17, 2025	Fri	Regular Season	Camden (Fall)	6:30 PM	8:30 PM	Cortland Jr-Sr HS Stadium		L
Oct 23, 2025	Thu	Practice	N/A	8:00 PM	9:00 PM	Cortland JSHS Wrestling Room		

Date: 2025-12-05