



• Janice Meyer, Head Coach

Nov 14, 2022   Mon		WEEK			START	END			LEAGUE
Nov 15, 2022   Tue   Practice   NiA   PM   PM   Aux Cym	DATE	DAY	ТҮРЕ	OPPONENTS				TRANSPORTATION	
Nov 16, 2022   Wed   Practice   N/A   PM   PM   Aux Cym	Nov 14, 2022	Mon	Practice	N/A			Aux Gym		
Nov 17, 2022   Thu	Nov 15, 2022	Tue	Practice	N/A					
Nov 18, 2022	Nov 16, 2022	Wed	Practice	N/A					
Nov 19, 2022   Fri	Nov 17, 2022	Thu	Practice	N/A					
Nov 21, 2022   Mon	Nov 18, 2022	Fri	Practice	N/A					
Nov 27, 2022   Tue   Scrimmage   Cazenovia   FM   PM   Shafer Gym   Nov 22, 2022   Fri   Practice   N/A   8:00   7:00   Cortland Jr-Sr HS   Nov 25, 2022   Fri   Practice   N/A   8:00   10:00   Cortland Jr-Sr HS   Nov 26, 2022   Sat   Scrimmage   Practice   N/A   8:00   10:00   Cortland Jr-Sr HS   Nov 26, 2022   Sat   Scrimmage   Practice   N/A   3:00   FM   PM   PM   PM   PM   Patturn Time: 12:00 PM   Nov 27, 2022   Sun   Practice   N/A   PM   PM   PM   PM   PM   PM   PM   P	Nov 19, 2022	Sat	Practice	N/A			Shafer Gym		
Nov 25, 2022   Fri	Nov 21, 2022	Mon	Practice	N/A					
Nov 26, 2022   Sat   Scrimmage   Practice   N/A   AM   AM   Shafer Gym	Nov 22, 2022	Tue	Scrimmage	Cazenovia					NL
Nov 26, 2022   Sat   Scrimmage	Nov 25, 2022	Fri	Practice	N/A					
Nov 29, 2022   Tue	Nov 26, 2022	Sat	Scrimmage	_			-	7:15 AM Return Date: Return Time:	NL
Nov 30, 2022   Wed   Scrimmage   Fayetteville-   Manlius   PM   PM   Shafer Gym   Shafer Gym   Return Date: Return Time: 3:30 PM   Return Date: Return Time: 9:00 PM   PM   Shafer Gym   Shafer Gym   PM   PM   Shafer Gym   PM   PM   Shafer Gym   PM   PM   Shafer Gym   PM   Shafer Gym   PM   Shafer Gym   PM   PM   PM   PM   Shafer Gym   PM   PM   PM   PM   Shafer Gym   PM   PM   PM   PM   PM   PM   PM   P	Nov 27, 2022	Sun	Practice	N/A					
Nov 30, 2022   Wed   Scrimmage   Eayetteville   Fayetteville   F	Nov 29, 2022	Tue	Practice	N/A					
Dec 1, 2022   Tru	Nov 30, 2022	Wed	Scrimmage	Fayetteville-				3:30 PM Return Date: Return Time: 9:00	NL
Dec 6, 2022 Tue Practice N/A PM PM Shafer Gym  Dec 6, 2022 Tue Practice N/A 3:00 FM Shafer Gym  Dec 7, 2022 Wed Practice N/A 6:00 PM PM Shafer Gym  Dec 8, 2022 Thu Practice N/A 4:15 FM Shafer Gym  Dec 9, 2022 Fri Regular Season @ Homer PM PM Shafer Gym  Dec 12, 2022 Mon Regular Season @ Homer PM PM Shafer Gym  Dec 12, 2022 Thu Practice N/A 6:45 PM PM Shafer Gym  Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM Return Time: 4:00 PM Return Date: Return Time: 8:45 PM Return Date: Return Date: Return Date: Return Date: Return Date: Return Time: 8:45 PM Return Time: 8:45 PM Return Date: Return Time: 8:45 PM Return Time: 8:45 PM Return Date: Return Time: 8:45 PM Return Date: Return Time: 8:45 PM Return Time: 8:45 PM Return Time: 8:45 PM PM PM Return Time: 8:45 PM	Dec 1, 2022	Thu	Practice	N/A					
Dec 6, 2022	Dec 2, 2022	Fri	Practice	N/A					
Dec 8, 2022 Thu Practice N/A PM PM Shafer Gym  Dec 8, 2022 Thu Practice N/A 4:15 6:15 Cortland Jr-Sr HS Shafer Gym  Dec 9, 2022 Fri Regular Season @ Homer 6:45 PM JD HS Main Gym Return Date: Return Time: 9:00 PM  Dec 12, 2022 Mon Regular Season @ Homer 6:45 PM School PM  Dec 13, 2022 Tue Practice N/A 6:00 8:00 Cortland Jr-Sr HS	Dec 6, 2022	Tue	Practice	N/A					
Dec 9, 2022 Fri Regular Season  Output  Dec 12, 2022 Mon Regular Season  Output  Dec 13, 2022 True Practice  N/A  PM PM Shafer Gym  Output  Output  Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM  PM Shafer Gym  Output  Departure Time: 4:00 PM Return Date: Return Date: Return Time: 8:45 PM  Dec 13, 2022 True Practice  N/A  Output  Dec 13, 2022 True Practice  N/A  Output  Dec 145 PM  Shafer Gym  Output  Departure Time: 4:00 PM Return Date: Return Time: 8:45 PM  Dec 13, 2022 True Practice  N/A  Output  Dec 13, 2022 True Practice	Dec 7, 2022	Wed	Practice	N/A					
Dec 9, 2022 Fri Regular Season  @ Jamesville- Dewitt  Dewitt  Dewitt  Dewitt  Dewitt  JD HS Main Gym Return Date: Return Time: 9:00 PM  Departure Time: 4:00 PM  Return Date: Return Date: A:00 PM  Return Date: NL  Return Date: Return Date: NL  Return Date: Return Date: Return Time: 8:45 PM  Dec 13, 2022  Tue Practice  N/A  6:00 8:00 Cortland Jr-Sr HS	Dec 8, 2022	Thu	Practice	N/A					
Dec 12, 2022 Mon Regular Season @ Homer 6:45 PM Homer High School Return Date: NL Return Time: 8:45 PM  Dec 13, 2022 Tue Practice N/A 6:00 8:00 Cortland Jr-Sr HS	Dec 9, 2022	Fri	Regular Season	Jamesville-			JD HS Main Gym	3:15 PM Return Date: Return Time: 9:00	L
1100 13 2002 1110 Proctice 101/A	Dec 12, 2022	Mon	Regular Season	@ Homer				4:00 PM Return Date: Return Time: 8:45	NL
	Dec 13, 2022	Tue	Practice	N/A					

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr-Sr HS Shafer Gym		
Dec 17, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	Cortland Jr-Sr HS Shafer Gym		
Dec 18, 2022	Sun	Practice	N/A	10:00 AM	12:00 PM	Cortland Jr-Sr HS Shafer Gym		
Dec 19, 2022	Mon	Regular Season	@ Skaneateles	6:30 PM		Skaneateles HS gymnasium	Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	NL
Dec 20, 2022	Tue	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr HS Shafer Gym		
Dec 21, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Shafer Gym		
Dec 22, 2022	Thu	Regular Season 38-32 W	Chenango Valley	7:15 PM	8:45 PM	Cortland Jr-Sr HS Shafer Gym		NL
Dec 23, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Aux Gym		
Dec 24, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr HS Shafer Gym		
Dec 28, 2022	Wed	Regular Season	@ Whitney Point	11:45 AM		WPHS Gymnasium	Departure Time: 8:45 AM Return Date: Return Time: 2:00 PM	L
Dec 30, 2022	Fri	Regular Season	@ Auburn	11:00 AM		Auburn HS - Game Gyms 1,2,3	Departure Time: 9:15 AM Return Date: Return Time: 1:30 PM	L
Jan 3, 2023	Tue	Regular Season	Jamesville- Dewitt	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		L
Jan 4, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 5, 2023	Thu	Practice	N/A	4:15 PM	6:15 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 6, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 7, 2023	Sat	Regular Season 46-48 L	Chenango Forks	12:45 PM	2:30 PM	Cortland Jr-Sr HS Shafer Gym		NL
Jan 9, 2023	Mon	Practice	N/A	4:15 PM	6:15 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 10, 2023	Tue	Regular Season	Central Square	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		L
Jan 11, 2023	Wed	Practice	N/A	5:45 PM	7:45 PM	Cortland Jr-Sr HS Aux Gym		
Jan 12, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 13, 2023	Fri	Regular Season	@ Fulton	6:45 PM		Bodley H S	Departure Time: 3:00 PM Return Date: Return Time: 9:30 PM	L
Jan 14, 2023	Sat	Practice	N/A	9:30 AM	11:30 AM	Cortland Jr-Sr HS Aux Gym		
Jan 16, 2023	Mon	Practice	N/A	11:00 AM	12:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 17, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Cortland Jr-Sr HS Aux Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 18, 2023	Wed	Regular Season	@ East Syracuse Minoa	6:45 PM		ESM High School - Gym 1	Departure Time: 3:15 PM Return Date: Return Time: 9:30 PM	L
Jan 19, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 20, 2023	Fri	Regular Season 51-39 W	@ Oswego	6:45 PM		Leighton Elem- David Powers Gymnasium	Departure Time: 2:45 PM Return Date: Return Time: 10:00 PM	L
Jan 21, 2023	Sat	Regular Season 68-64 W	Oswego	12:45 PM		Cortland Jr-Sr HS Shafer Gym		L
Jan 23, 2023	Mon	Practice	N/A	4:15 PM	5:45 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 24, 2023	Tue	Regular Season	Chittenango	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		NL
CANCELLED Jan 25, 2023	Wed	Practice	N/A	5:45 PM	7:15 PM	Cortland Jr-Sr HS Aux Gym		
Jan 26, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 28, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Cortland Jr-Sr HS Aux Gym		
Jan 30, 2023	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr HS Shafer Gym		
Jan 31, 2023	Tue	Regular Season	Auburn	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		L
Feb 1, 2023	Wed	Practice	N/A	4:30 PM	6:00 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 2, 2023	Thu	Regular Season (Senior Night)	@ Central Square	6:45 PM		CS: Paul V. Moore Gymnasium	Departure Time: 3:00 PM Return Date: Return Time: 9:30 PM	L
Feb 3, 2023	Fri	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 6, 2023	Mon	Practice	N/A	6:00 PM	7:30 PM	Cortland Jr-Sr HS Aux Gym		
Feb 7, 2023	Tue	Regular Season	Fulton	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		L
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 9, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	Cortland Jr-Sr HS Aux Gym		
Feb 10, 2023	Fri	Regular Season	East Syracuse Minoa	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym		L
Feb 13, 2023	Mon	Practice	N/A	2:45 PM	4:15 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 14, 2023	Tue	Practice	N/A	4:15 PM	5:45 PM	Cortland Jr-Sr HS Aux Gym		
Feb 15, 2023	Wed	Scrimmage	@ Newark Valley	5:30 PM		Newark Valley High School	Departure Time: 4:30 PM Return Date: Return Time: 8:00 PM	NL
Feb 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Aux Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 17, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 18, 2023	Sat	Post-Season	Cazenovia	3:00 PM	5:00 PM	Cortland Jr-Sr HS Shafer Gym		NL
Feb 20, 2023	Mon	Practice	N/A	8:00 AM	9:30 AM	Cortland Jr-Sr HS Shafer Gym		
Feb 21, 2023	Tue	Practice	N/A	8:00 AM	9:30 AM	Cortland Jr-Sr HS Shafer Gym		
Feb 22, 2023	Wed	Post-Season (Sectional Quarterfinals)	Notre Dame, Utica	5:15 PM		Cortland Jr-Sr HS Shafer Gym		NL
Feb 23, 2023	Thu	Practice	N/A	8:00 AM	9:30 AM	Cortland Jr-Sr HS Shafer Gym		
Feb 24, 2023	Fri	Practice	N/A	8:00 AM	9:30 AM	Cortland Jr-Sr HS Shafer Gym		
Feb 26, 2023	Sun	Post-Season (Section 3 Class B Semifinal Playoff Game)	Marcellus	11:00 AM	12:30 PM	Allyn Gym at OCC		NL
Feb 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Feb 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 2, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 3, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 4, 2023	Sat	Post-Season (Section 3 Final) 47-41 W	Westhill	3:00 PM	5:00 PM	OCC SRC Arena	Departure Time: 1:15 PM Return Date: Return Time: 6:00 PM	NL
Mar 6, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 7, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 9, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 10, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Cortland Jr-Sr HS Shafer Gym		
Mar 11, 2023	Sat	Post-Season	Newark Valley	2:45 PM		OCC		NL

Date: 2025-12-19