

## Coaches:

- Alyssa Froman, Head Coach
- Keeja Cook, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 30, 2023	Wed	Regular Season	@ Fayetteville- Manlius	6:00 PM		FM HS House 1 Gym		L
Sep 1, 2023	Fri	Regular Season	@ Central Square	12:30 PM		CS: Paul V. Moore Gymnasium		L
Sep 7, 2023	Thu	Regular Season	@ Jamesville-Dewitt	6:30 PM		JD HS Main Gym		L
Sep 13, 2023	Wed	Regular Season	@ Nottingham	6:00 PM	8:00 PM	Corcoran HS Reinman Rd. Entrance		NL
Sep 14, 2023	Thu	Regular Season	@ Cortland	6:30 PM	8:00 PM	Cortland Jr-Sr HS Shafer Gym		NL
Sep 18, 2023	Mon	Regular Season	@ Solvay	6:00 PM		Solvay HS Large Gym		L
Sep 25, 2023	Mon	Regular Season	@ Nottingham	6:00 PM	9:00 PM	Nottingham High School (Gym)		L
Sep 30, 2023	Sat	Regular Season (APW's Lost in the Woods Volleyball Tournament)	Syracuse Academy of Science @ Altmar- Parish-Williamstown (APW Rebels)			A-P-W High School		L
Oct 3, 2023	Tue	Regular Season	@ Henninger	6:00 PM		Henninger H S		L
Oct 10, 2023	Tue	Regular Season (Senior Night)	@ Auburn	6:30 PM		Auburn HS - Game Gyms 1,2,3		L
Oct 14, 2023	Sat	Regular Season	Nottingham, Institute of Technology, Syracuse, Fowler @ Henninger	9:00 AM		Henninger H S		L
Oct 17, 2023	Tue	Regular Season	@ Fowler	6:00 PM	7:30 PM	Fowler High School		L
Oct 26, 2023	Thu	Post-Season (Quarter finals)	@ Fayetteville- Manlius	6:00 PM		FM HS House 1 Gym		L
TBD		Regular Season	@ Syracuse Academy of Science	TBD		TBD		L

Date: 2024-05-18