

Coaches:

• Clay Russell, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 8, 2022	Thu	Regular Season	@ Lowville	6:00 PM		Lowville High School		L
Dec 16, 2022	Fri	Meet (North Country Wrestling Invite Day 1)	Vs. Multiple	4:00 PM	10:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		NL
Dec 17, 2022	Sat	Meet (North Country Wrestling Invite Day 2)	Vs. Multiple	8:00 AM	8:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		NL
Dec 21, 2022	Wed	Regular Season 10-66 L	@ Carthage	6:00 PM		Carthage Auxiliary Gym		L
Dec 22, 2022	Thu	Regular Season	Indian River	6:00 PM		Copenhagen Central School		L
Jan 3, 2023	Tue	Regular Season	Immaculate Heart Central, Watertown @ Watertown	6:30 PM		Watertown Case M S		L
Jan 5, 2023	Thu	Regular Season	@ Beaver River	6:30 PM		Beaver River H S		L
Jan 10, 2023	Tue	Regular Season	South Jefferson, Sandy Creek	6:00 PM		Copenhagen Central School		L
Jan 14, 2023	Sat	(PHX Mid	Canton, Central Square, Chenango Valley, Churchville- Chili, Cicero-North Syracuse, Gouverneur, Jamesville-Dewitt (JD/CBA/Solvay), West Genesee, Goshen, General Brown, Carthage, Little Falls, North Rose-Wolcott, Owego Apalachin @ Phoenix	8:00 AM		JCB Gym		NL
Jan 21, 2023	Sat	Regular Season (FL Wrestling Tournament)	Carthage, General Brown, Immaculate Heart Central, Watertown, Indian River, Lowville, Sandy Creek, South Jefferson, South Lewis, Watertown @ Beaver River	8:00 AM		Beaver River H S		L
Jan 24, 2023	Tue	Regular Season	General Brown	6:00 PM		Copenhagen Central School		L
Jan 27, 2023	Fri	Regular Season	@ South Lewis	5:30 PM		South Lewis MS Gymnasium		L

Date: 2024-04-29