



# Cooperstown (G) V Outdoor Track

## Coaches:

- Josie Rusk, Head Coach
- Nate Conte, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Apr 10, 2025	Thu	Regular Season	Hamilton, Mount Markham	4:30 PM		Lambert Field			L
Apr 12, 2025	Sat	Regular Season (Holland Patent Invitational)	@ Holland Patent	9:15 AM		HS Stadium / Track		<b>Departure Time:</b> 8:00 AM	NL
Apr 26, 2025	Sat	Regular Season (Don Howard Invite - Cooperstown)	Unadilla Valley (UV)	10:00 AM		Lambert Field			NL
Apr 26, 2025	Sat	Regular Season (Cooperstown Invitational )	Edmeston (Morris/Edmeston)	10:15 AM		Lambert Field			NL
Apr 26, 2025	Sat	Regular Season (Don Howard Invitational )	Little Falls	11:00 AM		Cooperstown M S / H S			NL
Apr 26, 2025	Sat	Regular Season (Don Howard Invitational)	Cherry Valley-Springfield (CVS-SS)	TBD		Lambert Field			NL
Apr 29, 2025	Tue	Regular Season	Waterville @ Sauquoit Valley	4:00 PM		Stadium Field			L
May 3, 2025	Sat	Regular Season (Colonie Invitational)	@ TBD	9:00 AM		Colonie High Track	<b>Bus/Driver:</b> Cooperstown CSD	<b>Departure Point:</b> Cooperstown High School <b>Departure Date:</b> May 3, 2025	NL
May 3, 2025	Sat	Regular Season (Colonie Relays)	Ballston Spa High School, Albany High School, Greenville, Saratoga Springs High School, Schenectady High School (Girls Varsity Track), Academy of Holy Names, Burnt Hills-Ballston Lake HS, Shaker High School @ Colonie High School	TBD		Colonie High Track			L
May 6, 2025	Tue	Regular Season	Hamilton, Remsen	4:30 PM		Lambert Field			L
May 9, 2025	Fri	Regular Season (Oneonta Invitational)	@ Oneonta	3:30 PM		Oneonta High School		<b>Departure Time:</b> 2:50 PM	NL
May 13, 2025	Tue	Regular Season	Edmeston (Morris/Edmeston)	4:30 PM		Lambert Field			NL
May 13, 2025	Tue	Regular Season	Mount Markham, Sauquoit Valley, Westmoreland	4:30 PM		Lambert Field			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2025	Fri	Regular Season (Quinney Invite)	Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), Charlotte Valley, Walton, Unadilla Valley (UV), Whitney Point, Oxford (Greene/Oxford), Newark Valley, New York Mills, Oriskany, Sauquoit Valley @ Sidney	4:30 PM		Sidney HS Track		<b>Departure Time:</b> 2:50 PM	NL
May 16, 2025	Fri	Regular Season (Quinney Invitational)	@ TBD	5:00 PM		Sidney HS Track			NL
May 21, 2025	Wed	Post-Season (CSC Steeplechase)	Mount Markham, Sauquoit Valley, Westmoreland, Morrisville-Eaton, Hamilton, Poland, New York Mills, TBD, Remsen, Waterville @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary Campus	<b>Class Dismissal:</b> 2:10 PM	<b>Departure Time:</b> 2:20 PM	L
May 22, 2025	Thu	Regular Season (CSC Division 3/4 @ Waterville Coaches Meeting at 3:00)	Mount Markham, Sauquoit Valley, Westmoreland, Morrisville-Eaton, Hamilton, Poland, New York Mills, Town of Webb UFSD (Varsity Girls Track), Oriskany, Remsen @ Waterville	3:00 PM	8:45 PM	Track	<b>Class Dismissal:</b> 1:35 PM	<b>Departure Time:</b> 1:45 PM	L
May 30, 2025	Fri	Post-Season (Sectionals )	Tully, Cato-Meridian (Blue Devils), Sauquoit Valley, South Lewis, Utica Academy of Science, Weedsport, Beaver River, Westmoreland, OnTech High School, Port Byron, Sandy Creek, Waterville, Bishop Grimes @ West Canada Valley	4:30 PM		WCV Track	<b>Class Dismissal:</b> 2:00 PM	<b>Departure Time:</b> 2:10 PM	NL