## Coaches:

• Jessie Ravage

DATE	WEEK DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START EN TIME TIM		TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2022	Sat	Regular Season (Invitational)	@ Voorheesville	TBD	TBD		L
Sep 14, 2022	Wed	Regular Season	Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Dolgeville	4:30 PM	Dolgeville HS	<b>Departure Time:</b> 3:45 PM	L
Sep 21, 2022	Wed	Regular Season	Adirondack, Owen D. Young (Richfield/ODY) @ Sauquoit Valley	4:30 PM	Town Park		L
Sep 28, 2022	Wed	Regular Season	Clinton	4:00 PM	Clarks Tower		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Rome Free Academy, Notre Dame, Utica, Corcoran (Syracuse West), Oneonta, New York Mills, New Hartford, Westmoreland, Adirondack, Hamilton, Liverpool, Central Valley Academy, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), Oriskany, South Lewis, Oneida, Central Square, Remsen (Remsen/Town of Webb) @ Whitesboro	9:00	Deerfield Town Wilderness Park	Departure Time: 7:00 PM	NL
Oct 5, 2022	Wed	Regular Season	New York Mills, West Canada Valley, Poland @ Westmoreland	4:30 PM	Westmoreland H S	l	L
Oct 12, 2022	Wed	Regular Season	Waterville, Remsen (Remsen/Town of Webb) @ Mount Markham	4:30 PM	HS Track		L

Date: 2024-05-20