

Coaches:

- Jessie Ravage
- Allison Capozza

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START E	END IME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Clinton, Canastota @ Waterville	4:30 PM		Waterville H S			L
Sep 20, 2023	Wed	Regular Season	Dolgeville, Little Falls, Mount Markham, Poland	4:30 PM		Clarks Tower			L
Sep 27, 2023	Wed	Regular Season	Sauquoit Valley, Adirondack @ Herkimer	4:30 PM		Herkimer County CC		Departure Time: 3:05 PM	L
Sep 30, 2023	Sat	Regular Season (EJ Herman Invitational (Proctor Park Utica))	@ Utica Proctor	9:00 AM		Proctor Park	Bus/Driver: Cooperstown Central School	Departure Point: Cooperstown HS Departure Date: Sep 30, 2023 Departure Time: 7:15 AM	L
Oct 4, 2023	Wed	Regular Season	Sherburne- Earlville, Westmoreland, Oriskany, Owen D. Young (Richfield/ODY) @ Hamilton	4:30 PM		Colgate Cross Coutry trails		Departure Time: 2:40 PM	L
Oct 11, 2023	Wed	Regular Season (Meet will be held at the Deerfield Wilderness Park. 6329 Walker Road Deerfield, NY 13502)	West Canada Valley, Remsen @ New York Mills	4:30 PM		N Y Mills J/S HS		Departure Time: 2:45 PM	L
Nov 4, 2023	Sat	Post-Season (Section 3 Championships)	@ Vernon- Verona-Sherrill	10:00 AM		Cross Country Course	Bus/Driver: Cooperstown Central School	Departure Point: Cooperstown HS Departure Date: Nov 4, 2023 Departure Time: 7:15 AM	NL

Date: 2025-12-18