



Clinton

(G) V Winter Track

Coaches:

- Norman Deep Jr., Head Coach
- Matthew Bashant, Asst Coach
- Austen Johnson, Asst Coach
- Kevin Jones, Asst Coach
- Kristen Willson, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2024	Tue	Practice	N/A	2:30 PM	3:45 PM	Hamilton College		Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Dec 7, 2024	Sat	Meet (WESTHILL INDOOR TRACK AND FIELD INVITATIONAL 2024)	Vs. Multiple	10:00 AM		OCC- SRC Arena			NL
Dec 7, 2024	Sat	Regular Season	TBD	TBD		OCC- SRC Arena		Departure Point: Elm St. Parking Lot	NL
Dec 10, 2024	Tue	Practice	N/A	2:30 PM	3:45 PM	Hamilton College		Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Dec 11, 2024	Wed	Regular Season	@ TBD	4:00 PM		Mohawk Valley Community College - Utica		Departure Point: Elm St. Parking Lot Departure Time: 3:00 PM	L
Dec 12, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY		Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Dec 14, 2024	Sat	Regular Season	TBD	3:00 PM		Onondaga Community College		Departure Point: Elm St. Parking Lot Departure Time: 12:30 PM	L
Dec 17, 2024	Tue	Regular Season	TBD	4:30 PM		Hamilton College Field House		Departure Point: Elm St. Parking Lot Departure Time: 3:00 PM	L
Dec 19, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY		Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Dec 21, 2024	Sat	Regular Season	TBD	3:00 PM		Onondaga Community College		Departure Point: Elm St. Parking Lot Departure Time: 12:30 PM	L
Dec 28, 2024	Sat	Regular Season	TBD	TBD		Utica University		Departure Point: Elm St. Parking Lot	L
Jan 3, 2025	Fri	Regular Season	TBD	4:30 PM		Colgate University (Sanford Field House)		Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Jan 8, 2025	Wed	Practice	N/A	2:30 PM	3:45 PM	Hamilton College		Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
CANCELLED Jan 9, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY		Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2025	Fri	Regular Season	TBD	4:30 PM		Utica University	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Jan 11, 2025	Sat	Regular Season	TBD	10:00 AM		Utica University	Departure Point: Elm St. Parking Lot Departure Time: 8:00 AM	L
Jan 14, 2025	Tue	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Jan 16, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Jan 18, 2025	Sat	Regular Season (HALE BUS 1/18 to OCC and 1/19 to Cornell)	TBD	12:15 PM		Onondaga Community College	Bus/Driver: Hale Bus Departure Point: Elm St. Parking Lot Departure Date: Jan 18, 2025 Departure Time: 12:15 PM	L
Jan 22, 2025	Wed	Practice	N/A	2:30 PM	3:45 PM	Hamilton College Field House	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Jan 23, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Jan 25, 2025	Sat	Regular Season (CSC D-1 League Championship Meet)	TBD	3:00 PM		Onondaga Community College	Departure Point: Elm St. Parking Lot Departure Time: 12:30 PM	L
Jan 28, 2025	Tue	Practice	N/A	2:30 PM	3:45 PM	Hamilton College	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Jan 30, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Feb 4, 2025	Tue	Practice	N/A	2:30 PM	3:45 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Feb 6, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Feb 8, 2025	Sat	Regular Season (B-2 Sectionals)	TBD	9:00 AM		Onondaga Community College	Departure Point: Elm St. Parking Lot Departure Time: 7:00 AM	L
Feb 13, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	Elevate CNY	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Feb 15, 2025	Sat	Regular Season	@ TBD	TBD		SUNY Cortland	Departure Point: Elm St. Parking Lot Departure Time: 4:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 25, 2025	Tue	Regular Season (State Qualifier)	TBD	4:30 PM	8:30 PM	OCC- SRC Arena	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L

Date: 2025-12-19