

Coaches:

- Norman Deep Jr., Head Coach
- Kevin Jones, Asst Coach
- Austen Johnson, Asst Coach
- Matthew Bashant, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 12, 2024	Tue	Practice	N/A	2:30 PM	3:45 PM	Hamilton College Field House	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Mar 14, 2024	Thu	Practice	N/A	2:30 PM	3:45 PM	Hamilton College Field House	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Mar 18, 2024	Mon	Practice	N/A	2:30 PM	3:45 PM	Hamilton College Field House	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Mar 27, 2024	Wed	Regular Season	Mount Markham, Waterville	4:00 PM		Clinton HS		NL
Mar 28, 2024	Thu	Regular Season	@ TBD	4:30 PM		High School - Stadium	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL
Apr 4, 2024	Thu	Practice	N/A	2:30 PM	3:45 PM	Hamilton College Field House	Departure Date: Apr 4, 2024 Departure Time: 2:30 PM	
Apr 10, 2024	Wed	Regular Season	@ Adirondack	4:00 PM		Track	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Apr 12, 2024	Fri	Meet (Tully Coed Invite)	Vs. Multiple	4:00 PM	9:00 PM	Tully HS		NL
Apr 17, 2024	Wed	Regular Season	@ Little Falls	4:30 PM		HS Main Field	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Apr 19, 2024	Fri	Regular Season (Proctor Cook- Destefano Invite)	@ Utica Proctor	4:00 PM		PHS Stadium (Turf Field/Track)	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	NL
Apr 23, 2024	Tue	Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL)	Vs. Multiple	1:00 PM		Westhill High School Track	Departure Point: Elm St. Parking Lot Departure Time: 10:30 AM	NL
Apr 23, 2024	Tue	Regular Season (Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL))	@ TBD	TBD		TBD	Departure Point: Elm St. Parking Lot Departure Time: 11:00 AM	NL
May 1, 2024	Wed	Regular Season 127-14 W	Sherburne-Earlville	4:00 PM		Stadium Field (Grass / Track & Field)		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 3, 2024	Fri	Regular Season (Ed Wadas Track Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, South Jefferson, Altmar-Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer, New Hartford, South Lewis, Adirondack, Central Square, Weedsport, Holland Patent @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	NL
May 3, 2024	Fri	Regular Season (Regular Season (Ed Wadas Invitational) - Whitesboro HS)	@ TBD	TBD		TBD		NL
May 6, 2024	Mon	Regular Season	Canastota	4:00 PM		Stadium Field (Grass / Track & Field)		L
May 8, 2024	Wed	Regular Season	West Canada Valley	4:00 PM		Stadium Field (Grass / Track & Field)		NL
May 10, 2024	Fri	Regular Season (Clinton Special Events Invite)	Sherburne-Earlville, West Canada Valley	4:00 PM		Stadium Field (Grass / Track & Field)		NL
May 15, 2024	Wed	Regular Season (CSC D1/D2 Championship Meet)	@ Adirondack	4:00 PM		Track	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	L
May 15, 2024	Wed	Post-Season (Division I and II League Championship)	West Canada Valley, Canastota, Sherburne-Earlville, Utica Academy of Science, Frankfort- Schuyler, Herkimer, Dolgeville, Little Falls @ Adirondack	4:00 PM		Track		L
May 18, 2024	Sat	Regular Season (Junkyard Relays)	Remsen	10:00 AM		Stadium Field (Grass / Track & Field)		L
May 18, 2024	Sat	Regular Season (31st Annual Junkyard Relays)	Solvay, Holland Patent, Mount Markham, Canastota, Waterville	10:00 AM		Stadium Field (Grass / Track & Field)		NL
May 23, 2024	Thu	Post-Season (Section 3 B2 Coed Sectionals at Adirondack)	@ TBD	4:00 PM		TBD	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL

DATE	WEE! DAY	ТҮРЕ	OPPONENTS	START EN TIME TIM	D LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
May 30, 2024	Thu	Post-Season (NYS Qualifer at Cicero North Syracuse HS Bragman Stadium)	@ TBD	TBD	TBD	Departure Point: Elm St. Parking Lot NL Departure Time: 1:30 PM

Date: 2025-12-28