

Coaches:

- Norman Deep Jr., Head Coach
- Kevin Jones, Asst Coach
- Austen Johnson, Asst Coach
- Matthew Bashant, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START EN		LEAGUE TRANSPORTATION / NON- LEAGUE
Mar 29, 2023	Wed	Regular Season	Waterville, Mount Markham	4:00 PM	Stadium Field (Grass / Track & Field)	L
POSTPONED Mar 31, 2023	Fri	Regular Season	Oriskany, Westmoreland	4:30 PM	Stadium Field (Grass / Track & Field)	L
Apr 4, 2023	Tue	Regular Season	Utica Academy of Science	4:00 PM	Stadium Field (Grass / Track & Field)	L
Apr 12, 2023	Wed	Regular Season	Whitesboro, West Canada Valley, Poland, Camden	10:00 AM	Stadium Field (Grass / Track & Field)	L
Apr 19, 2023	Wed	Regular Season	@ Sherburne- Earlville	4:00 PM	Stadium	L
Apr 21, 2023	Fri	Regular Season (Invite)	@ Utica Proctor	4:00 PM	PHS Stadium (Turf Field/Track)	L
Apr 26, 2023	Wed	Regular Season	Canastota	4:30 PM	Stadium Field (Grass / Track & Field)	L
Apr 28, 2023	Fri	Regular Season (CSC Rookie Meet)	@ Sauquoit Valley	TBD	Stadium Field	L
May 3, 2023	Wed	Regular Season	@ West Canada Valley	4:30 PM	WCV Track	L
May 5, 2023	Fri	Regular Season (Ed Wadas Invitational)	Watertown, Dolgeville, Waterville, Homer, Altmar-Parish- Williamstown (APW Rebels), West Canada Valley, Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, Notre Dame, Utica, Town of Webb UFSD (Varsity Girls Track), Rome Free Academy, Skaneateles, Lowville, Cato- Meridian (Blue Devils), Central Valley Academy, Westmoreland, Central Square, New York Mills, Remsen, South Lewis, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM	Ed Wadas Complex High School	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 10, 2023	Wed	Regular Season	Adirondack	4:00 PM		Stadium Field (Grass / Track & Field)		L
May 12, 2023	Fri	Regular Season (Warrior Specialty Events Invite)	Westmoreland	3:45 PM		Stadium Field (Grass / Track & Field)		L
May 17, 2023	Wed	Regular Season (CSC D1/D2 Championships)	@ Canastota	4:00 PM		High School Track		L
May 20, 2023	Sat	Regular Season (Junkyard Relays)	Remsen	10:00 AM		Stadium Field (Grass / Track & Field)		NL
May 20, 2023	Sat	Regular Season (Junkyard Relays)	Oneida, Living Word Academy, Waterville, TBD	10:00 AM		Stadium Field (Grass / Track & Field)		L
May 20, 2023	Sat	Regular Season	South Lewis	10:00 AM		Stadium Field (Grass / Track & Field)		NL
May 22, 2023	Mon	Post-Season (Steeplechase)	Tully	4:30 PM		Stadium Field (Grass / Track & Field)		NL
May 22, 2023	Mon	Post-Season (Sectional Steeplechase @ Hamilton Colllege)	Beaver River	4:30 PM		Stadium Field (Grass / Track & Field)		NL
May 25, 2023	Thu	Post-Season (Section III Class B-2 Championships)	Phoenix @ Canastota	4:00 PM		High School Track		NL
Jun 1, 2023	Thu	Regular Season (State Qualifier)	@ TBD	4:00 PM	8:45 PM	CNS HS- Bragman Stadium		L

Date: 2025-12-19