

## Coaches:

- Norman Deep Jr., Head Coach
- Kevin Jones, Asst Coach
- Christopher Jones, Asst Coach
- Austen Johnson, Asst Coach
- Rose Pitman, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 28, 2024	Thu	Regular Season	@ TBD	4:30 PM		High School - Stadium	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL
Apr 10, 2024	Wed	Regular Season	@ Adirondack	4:00 PM		Track	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Apr 12, 2024	Fri	Meet (Tully Coed Invite )	Vs. Multiple	4:00 PM	9:00 PM	Tully HS		NL
Apr 17, 2024	Wed	Regular Season	@ Little Falls	4:30 PM		HS Main Field	<b>Departure Point:</b> Elm St. Parking Lot <b>Departure Time:</b> 2:45 PM	L
Apr 19, 2024	Fri	Regular Season (Proctor Cook- Destefano Invite)	@ Utica Proctor	4:00 PM		PHS Stadium (Turf Field/Track)	<b>Departure Point:</b> Elm St. Parking Lot <b>Departure Time:</b> 2:30 PM	NL
Apr 23, 2024	Tue	Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL)	Vs. Multiple	1:00 PM		Westhill High School Track	Departure Point: Elm St. Parking Lot Departure Time: 10:30 AM	NL
Apr 23, 2024	Tue	Regular Season (Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL))	@ TBD	TBD		TBD	Departure Point: Elm St. Parking Lot Departure Time: 11:00 AM	NL
May 3, 2024	Fri	Regular Season (Ed Wadas Track Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, South Jefferson, Altmar- Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer, New Hartford, South Lewis, Adirondack, Central Square, Weedsport, Holland Patent @ Whitesboro		10:30 PM	Ed Wadas Complex High School	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	NL
May 3, 2024	Fri	Regular Season (Regular Season (Ed Wadas Invitational) - Whitesboro HS)	@ TBD	TBD		TBD		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START ENI		TRANSPORTATION	LEAGUE / NON- LEAGUE
May 15, 2024	Wed	Regular Season (CSC D1/D2 Championship Meet)	@ Adirondack	4:00 PM	Track	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	L
May 15, 2024	Wed	Post-Season (Division I and II League Championship)	West Canada Valley, Canastota, Sherburne-Earlville, Utica Academy of Science, Frankfort- Schuyler, Herkimer, Dolgeville, Little Falls @ Adirondack	TBD	Track		L
May 22, 2024	Wed	Post-Season (Section 3 B2 Coed Sectionals at Adirondack)		4:00 PM	TBD	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL
May 30, 2024	Thu	Post-Season (NYS Qualifer at Cicero North Syracuse HS Bragman Stadium)	@ TBD	TBD	TBD	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL

Date: 2024-05-04