

Coaches:

- Norman Deep Jr., Head Coach
- Kevin Jones, Asst Coach
- Christopher Jones, Asst Coach
- Austen Johnson, Asst Coach
- Rose Pitman, Asst Coach

| DATE | WEEK DAY | Түре | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|------------------------------|---------------|-------------|---|---|----------------------------|
| Mar 12, 2024 | Tue | Practice | N/A | 2:30 PM | 3:45 PM | Hamilton College Field House | Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM | |
| Mar 14, 2024 | Thu | Practice | N/A | 2:30 PM | 3:45 PM | Hamilton College Field House | Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM | |
| Mar 18, 2024 | Mon | Practice | N/A | 2:30 PM | 3:45 PM | Hamilton College Field House | Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM | |
| Mar 27, 2024 | Wed | Regular Season | Mount Markham, Waterville | 4:00 PM | | Clinton HS | | NL |
| Mar 28, 2024 | Thu | Regular Season | @ TBD | 4:30 PM | | High School - Stadium | Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM | NL |
| Apr 4, 2024 | Thu | Practice | N/A | 2:30 PM | 3:45 PM | Hamilton College Field House | Departure Date: Apr 4, 2024 Departure Time: 2:30 PM | |
| Apr 10, 2024 | Wed | Regular Season | @ Adirondack | 4:00 PM | | Track | Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM | L |
| Apr 12, 2024 | Fri | Meet (Tully Coed Invite) | Vs. Multiple | 4:00 PM | 9:00 PM | Tully HS | | NL |
| Apr 17, 2024 | Wed | Regular Season | @ Little Falls | 4:30 PM | | HS Main Field | Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM | L |
| Apr 19, 2024 | Fri | Regular Season (Proctor Cook- Destefano Invite) | @ Utica Proctor | 4:00 PM | | PHS Stadium (Turf Field/Track) | Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM | NL |
| Apr 23, 2024 | Tue | Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL) | Vs. Multiple | 1:00 PM | | Westhill High School Track | Departure Point: Elm St. Parking Lot Departure Time: 10:30 AM | NL |
| Apr 23, 2024 | Tue | Regular Season (Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL)) | @ TBD | TBD | | TBD | Departure Point: Elm St. Parking Lot Departure Time: 11:00 AM | NL |
| May 1, 2024 | Wed | Regular Season 127-14 W | Sherburne-Earlville | 4:00 PM | | Stadium Field | | L |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|--|---------------|-------------|------------------------------------|---|----------------------------|
| May 3, 2024 | Fri | Regular Season (Ed Wadas Track Invitational) | Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, South Jefferson, Altmar- Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer, New Hartford, South Lewis, Adirondack, Central Square, Weedsport, Holland Patent @ Whitesboro | | 10:30 PM | Ed Wadas Complex High School | Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM | NL |
| May 3, 2024 | Fri | Regular Season (Regular Season (Ed Wadas Invitational) - Whitesboro HS) | @ TBD | TBD | | TBD | | NL |
| May 6, 2024 | Mon | Regular Season | Canastota | 4:00 PM | | Stadium Field | | L |
| May 8, 2024 | Wed | Regular Season | West Canada Valley | 4:00 PM | | Stadium Field | | NL |
| May 10, 2024 | Fri | Regular Season (Clinton Special Events Invite) | Sherburne-Earlville, West Canada Valley | 4:00 PM | | Stadium Field | | NL |
| May 15, 2024 | Wed | Regular Season (CSC D1/D2 Championship Meet) | @ Adirondack | 4:00 PM | | Track | Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM | L |
| May 15, 2024 | Wed | Post-Season (Division I and II League Championship) | West Canada Valley, Canastota, Sherburne-Earlville, Utica Academy of Science, Frankfort- Schuyler, Herkimer, Dolgeville, Little Falls @ Adirondack | 4:00 PM | | Track | | L |
| May 18, 2024 | Sat | Regular Season (Junkyard Relays) | Remsen | 10:00 AM | | Stadium Field | | L |
| May 18, 2024 | Sat | Regular Season (31st Annual Junkyard Relays) | Solvay, Holland Patent, Mount Markham, Canastota, Waterville | 10:00 AM | | Stadium Field | | NL |
| May 22, 2024 | Wed | Post-Season (Section 3 B2 Coed Sectionals at Adirondack) | @ TBD | 4:00 PM | | TBD | Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM | NL |
| May 30, 2024 | Thu | Post-Season (NYS Qualifer at Cicero North Syracuse HS Bragman Stadium) | @ TBD | TBD | | TBD | Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM | NL |

Date: 2024-05-17