

Coaches:

- Norman Deep Jr., Head Coach
- Austen Johnson, Asst Coach
- Kevin Jones, Asst Coach
- Christopher Jones, Asst Coach
- Rose Pitman, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 28, 2024	Thu	Regular Season	@ TBD	4:30 PM		High School - Stadium	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL
Apr 10, 2024	Wed	Regular Season	@ Adirondack	4:00 PM		Track	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Apr 12, 2024	Fri	Meet (Tully Coed Invite)	Vs. Multiple	4:00 PM	9:00 PM	Tully HS		NL
Apr 17, 2024	Wed	Regular Season	@ Little Falls	4:30 PM		HS Main Field	Departure Point: Elm St. Parking Lot Departure Time: 2:45 PM	L
Apr 19, 2024	Fri	Regular Season (Proctor Cook- Destefano Invite)	@ Utica Proctor	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	NL
Apr 23, 2024	Tue	Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL)	Vs. Multiple	1:00 PM		Westhill High School Track	Departure Point: Elm St. Parking Lot Departure Time: 10:30 AM	NL
Apr 23, 2024	Tue	Regular Season (Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL))	@ TBD	TBD		TBD	Departure Point: Elm St. Parking Lot Departure Time: 11:00 AM	NL
May 3, 2024	Fri	Regular Season (Ed Wadas Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, South Jefferson, Altmar- Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, South Lewis, Adirondack, Central Square, Weedsport, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	NL
May 15, 2024	Wed	Regular Season (CSC D1/D2 Championship Meet)	@ Adirondack	4:00 PM		Track	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	L

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 15, 2024	Wed	Post-Season (Division I and II League Championship)	West Canada Valley, Sherburne-Earlville, Canastota, Utica Academy of Science, Frankfort-Schuyler, Herkimer, Dolgeville, Little Falls @ Adirondack	TBD		Track		L
May 22, 2024	Wed	Post-Season (Section 3 B2 Coed Sectionals at Adirondack)	@ TBD	4:00 PM		TBD	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL
May 30, 2024	Thu	Post-Season (NYS Qualifer at Cicero North Syracuse HS Bragman Stadium)	@ TBD	TBD		TBD	Departure Point: Elm St. Parking Lot Departure Time: 1:30 PM	NL

Date: 2024-05-04