

Coaches:

- Norman Deep Jr., Head Coach
- Angelo Gaetano

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 9, 2023	Sat	Regular Season (NH Invitational)	@ New Hartford	TBD	Cross Country Course (Perry JH)	Departure Point: Elm Street Circle Departure Date: Sep 9, 2023 Departure Time: 7:45 AM	L
Sep 13, 2023	Wed	Regular Season	Canastota, Cooperstown (Cooperstown/Milford) @ Waterville	4:30 PM	Waterville H S		L
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona- Sherrill	TBD	Cross Country Course		L
Sep 20, 2023	Wed	Regular Season	Westmoreland, Oriskany, Herkimer @ Remsen (Remsen/Town of Webb)	4:30 PM	Remsen Jr/Sr H.S.		L
CANCELLED Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD	Bville - Durgee Cross Country Trail		L
Sep 27, 2023	Wed	Regular Season	Poland, Owen D. Young (Richfield/ODY) @ West Canada Valley	4:30 PM	TBD		L
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	TBD	Proctor Park		L
Oct 7, 2023	Sat	Regular Season (Whitesboro Invitational)	@ Whitesboro	9:00 AM	Deerfield Town Wilderness Park		L
Oct 11, 2023	Wed	Regular Season (Senior Night)	Hamilton, Mount Markham, Sauquoit Valley @ Sherburne- Earlville	4:30 PM	Sherburne- Earlville HS		L
Oct 14, 2023	Sat	Regular Season (Bill Coughlin Cross Country Invitational)	Little Falls @ Rome Free Academy	12:15 PM	Rome Free Academy H S		L
Oct 21, 2023	Sat	Regular Season (CSC League Meet)	@ Mount Markham	TBD	HS Track		L
Oct 28, 2023	Sat	Regular Season (Adirondack Invitational)	@ Adirondack	TBD	Adirondack HS		L
Nov 4, 2023	Sat	Regular Season (Section III Championships)	@ Vernon-Verona- Sherrill	TBD	Cross Country Course		L

Date: 2024-05-17