

Coaches:

• Norman Deep Jr., Head Coach

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2025	Wed	Practice	N/A	2:45 PM	3:45 PM	Kirkland Town Park	Departure Point: Elm St Parking Lot Departure Time: 2:45 PM Return Date: Return Time: 3:45 PM	
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Remsen, Utica Proctor, Auburn, Camden, Weedsport, Fayetteville-Manlius, Chittenango, Canastota, South Lewis, Jamesville- Dewitt, Cicero-North Syracuse, Onondaga Central, Jordan- Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Baldwinsville, Indian River, Liverpool, Phoenix, West Genesee, Tully, New Hartford, Notre Dame, Utica, Holland Patent, Waterville, Fabius- Pompey, Vernon- Verona-Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Central Square, Guilderland High School, Nottingham (Nottingham), Central Valley Academy @ Mount Markham			Mount Markham HS		NL
Sep 10, 2025	Wed	Regular Season	New York Mills, Dolgeville, Remsen, Town of Webb UFSD	4:30 PM		Kirkland Town Park		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	Rome Free Academy, Oneonta, Unadilla Valley (UV/GMU), Utica Proctor, New York Mills, Town of Webb UFSD, Camden, Adirondack, Central Valley Academy, DeRuyter, Edmeston (Edmeston/Morris), Herkimer, Holland Patent, Mount Markham, Notre Dame, Utica, Poland, Sauquoit Valley, Vernon-Verona- Sherrill, Westmoreland, Whitesboro @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 17, 2025	Wed	Regular Season	Sherburne-Earlville, Westmoreland @ TBD	4:00 PM		Clarks Tower		L
Sep 17, 2025	Wed	Regular Season	Hamilton, Sherburne- Earlville, Westmoreland @ Cooperstown	4:30 PM		Clarks Tower		L
Sep 27, 2025	Sat	Regular Season (EJ Hermann Invitational)	@ Utica Proctor	9:30 AM		Proctor Park	Departure Point: Elm St. Parking Lot Departure Time: 8:00 AM	NL
Oct 1, 2025	Wed	Regular Season	Sauquoit Valley, Little Falls @ Adirondack	4:30 PM	6:30 PM	Adirondack HS	Departure Point: Elm St Parking Lot Departure Time: 2:45 PM	L
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	11:20 AM		Deerfield Town Wilderness Park	Departure Point: Elm St Parking Lot Departure Time: 8:45 AM	NL
Oct 8, 2025	Wed	Regular Season	West Canada Valley, Mount Markham, Poland, Owen D. Young (Richfield/ODY)	4:30 PM	6:30 PM	Kirkland Town Park	Departure Point: Elm St Parking Lot Departure Time: 3:15 PM	L
Oct 11, 2025	Sat	Regular Season (Caughlin Invitational)	Indian River, Altmar- Parish-Williamstown (APW Rebels), New York Mills, Utica Proctor, Town of Webb UFSD, Mexico, Mount Markham, Oswego, Hamilton, Sandy Creek @ Rome Free Academy		11:00 AM	RFA Cross Country Course	Departure Point: Elm St Parking Lot Departure Time: 8:00 AM	NL
CANCELLED Oct 13, 2025	Mon	Practice	N/A	3:00 PM	4:00 PM	Kirkland Town Park	Departure Point: Elm St. Parking Lot Departure Time: 3:00 PM	
Oct 14, 2025	Tue	Practice	N/A	2:30 PM	3:30 PM	Kirkland Town Park	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 15, 2025	Wed	Regular Season	Canastota, Waterville, Herkimer	4:30 PM	6:30 PM	Kirkland Town Park	Departure Point: Elm St Parking Lot Departure Time: 3:00 PM	L
Oct 18, 2025	Sat	Regular Season (VVS Invite)	@ Vernon-Verona- Sherrill	9:00 AM		Cross Country Course	Departure Point: Elm St. Parking Lot	NL
CANCELLED Oct 23, 2025	Thu	Practice	N/A	2:30 PM		TBD	Departure Point: Elm St. Parking Lot Departure Time: 2:30 PM	
Oct 25, 2025	Sat	Regular Season (Center State Conference Championship)	Canastota, Sherburne-Earlville, Herkimer, Mount Markham, Little Falls, Adirondack, Westmoreland, Waterville, Dolgeville, Poland, Remsen, New York Mills, Hamilton, West Canada Valley, Owen D. Young (Richfield/ODY), Cooperstown, Town of Webb UFSD @ Sauquoit Valley	AIVI		Town Park		L
Nov 1, 2025	Sat	Regular Season (53rd Annual John Bernard (Adirondack) Cross Country Invitaional)	Indian River, Pulaski, McQuaid Jesuit, Notre Dame, Utica, Vernon- Verona-Sherrill, DeRuyter, West Canada Valley, Watertown, Hamilton @ Adirondack	9:00 AM		Adirondack HS		L
Nov 8, 2025	Sat	Post-Season (Section Championships)	@ Mount Markham	9:00 AM		HS Track	Departure Point: Elm St. Parking Lot	NL

Date: 2025-12-05