



# Clinton

## (G) V Cross Country

### Coaches:

- Norman Deep Jr., Head Coach

| DATE                   | WEEK DAY | TYPE                                        | OPPONENTS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | START TIME | END TIME | LOCATION                        | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|---------------------------------|----------------|---------------------|
| Sep 7, 2024            | Sat      | Regular Season (Mustang Invitational)       | TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham | 8:00 AM    | 12:00 PM | HS Track                        |                | NL                  |
| Sep 14, 2024           | Sat      | Regular Season (New Hartford Invitational ) | Whitesboro, Mount Markham, Dolgeville, Hamilton, Notre Dame, Utica, Unadilla Valley (UV/GMU), Central Valley Academy, Utica Proctor, Rome Free Academy @ New Hartford                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 9:00 AM    |          | Cross Country Course (Perry JH) |                | NL                  |
| Sep 18, 2024           | Wed      | Regular Season                              | Canastota, Owen D. Young (Richfield/ODY), Poland                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 4:30 PM    |          | TBD                             |                | L                   |
| CANCELLED Sep 21, 2024 | Sat      | Regular Season                              | @ TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | TBD        |          | TBD                             |                | L                   |

| DATE                  | WEEK DAY | TYPE                                        | OPPONENTS                                                                                                                                                        | START TIME | END TIME | LOCATION                       | TRANSPORTATION                                                  | LEAGUE / NON-LEAGUE |
|-----------------------|----------|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|--------------------------------|-----------------------------------------------------------------|---------------------|
| Sep 23, 2024          | Mon      | Practice (Kirkland Town Park)               | N/A                                                                                                                                                              | 3:00 PM    |          | Kirkland Town Park             | Departure Point: Elm St. Parking Lot<br>Departure Time: 2:45 PM |                     |
| Sep 25, 2024          | Wed      | Regular Season                              | Herkimer, Little Falls @ Sauquoit Valley                                                                                                                         | 4:30 PM    |          | Town Park                      | Departure Point: Elm St Parking Lot<br>Departure Time: 2:45 PM  | L                   |
| Sep 28, 2024          | Sat      | Regular Season (EJ Hermann Invitational )   | @ Utica Proctor                                                                                                                                                  | 9:30 PM    |          | Proctor Park                   |                                                                 | NL                  |
| Sep 30, 2024          | Mon      | Practice (Kirkland Town Park)               | N/A                                                                                                                                                              | 3:00 PM    |          | Kirkland Town Park             | Departure Point: Elm St. Parking Lot<br>Departure Time: 2:45 PM |                     |
| Oct 2, 2024           | Wed      | Regular Season (Senior Night)               | Westmoreland, Dolgeville @ Adirondack                                                                                                                            | 4:30 PM    |          | Adirondack HS                  | Departure Point: Elm St Parking Lot<br>Departure Time: 2:45 PM  | L                   |
| Oct 5, 2024           | Sat      | Regular Season (Whitesboro XC Invitational) | Holland Patent, Cooperstown, Little Falls, Mount Markham, Oswego, Notre Dame, Utica, Beaver River, DeRuyter, Remsen, Poland, Central Valley Academy @ Whitesboro | 9:00 AM    | 6:30 PM  | Deerfield Town Wilderness Park | Departure Point: Elm St Parking Lot<br>Departure Time: 8:00 AM  | NL                  |
| POSTPONED Oct 7, 2024 | Mon      | Practice (Kirkland Town Park)               | N/A                                                                                                                                                              | 3:00 PM    |          | Kirkland Town Park             | Departure Point: Elm St. Parking Lot<br>Departure Time: 2:45 PM |                     |
| Oct 8, 2024           | Tue      | Practice                                    | N/A                                                                                                                                                              | 3:00 PM    |          | Kirkland Town Park             | Departure Point: Elm St. Parking Lot<br>Departure Time: 2:45 PM |                     |
| Oct 9, 2024           | Wed      | Regular Season                              | Hamilton, Sherburne-Earlville, Cooperstown, Mount Markham, Remsen                                                                                                | 4:30 PM    |          | Kirkland Town Park             | Departure Point: Elm St. Parking Lot<br>Departure Time: 3:00 PM | L                   |
| Oct 12, 2024          | Sat      | Regular Season (VVS Invitational)           | @ Vernon-Verona-Sherrill                                                                                                                                         | 9:00 AM    |          | Cross Country Course           | Departure Point: Elm St Parking Lot<br>Departure Time: 8:00 AM  | NL                  |
| Oct 16, 2024          | Wed      | Regular Season                              | Waterville, New York Mills @ West Canada Valley                                                                                                                  | TBD        |          | TBD                            | Departure Point: Elm St Parking Lot<br>Departure Time: 2:45 PM  | L                   |
| Oct 19, 2024          | Sat      | Regular Season (Marcellus Invitational)     | @ Marcellus                                                                                                                                                      | 9:00 AM    |          | Marcellus Park                 | Departure Point: Elm St. Parking Lot<br>Departure Time: 8:00 AM | L                   |
| Oct 23, 2024          | Wed      | Practice                                    | N/A                                                                                                                                                              | 2:45 PM    |          | Westmoreland HS                | Departure Point: Elm St. Parking Lot<br>Departure Time: 2:45 PM |                     |

| DATE         | WEEK DAY | TYPE                                                | OPPONENTS                                                                                                                                                                                               | START TIME | END TIME | LOCATION         | TRANSPORTATION                                                               | LEAGUE / NON-LEAGUE |
|--------------|----------|-----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|------------------|------------------------------------------------------------------------------|---------------------|
| Oct 26, 2024 | Sat      | Post-Season (Center State Conference Championships) | Canastota, Poland, Hamilton, Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley, Mount Markham, Dolgeville, Little Falls, New York Mills, Remsen, Sauquoit Valley, Waterville @ Westmoreland | 11:15 AM   |          | Westmoreland H S | <b>Departure Point:</b> Elm St Parking Lot<br><b>Departure Time:</b> 9:00 AM | L                   |
| Nov 2, 2024  | Sat      | Regular Season                                      | @ Adirondack                                                                                                                                                                                            | 9:00 AM    |          | Adirondack HS    |                                                                              | NL                  |
| Nov 9, 2024  | Sat      | Post-Season (Section 3 Championships)               | @ Mount Markham                                                                                                                                                                                         | TBD        |          | HS Track         |                                                                              | NL                  |

Date: 2025-12-05