# Cincinnatus
## (G) MOD7/8/9 Cross Country

### Coaches:

- Nate Balcom
- Sandra Randall

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|---|---|---|---|---|---|---|---|---|---|
| Sep 13, 2023 | Wed | Regular Season | Faith Heritage, Faith Heritage | 4:30 AM | 6:30 AM | TBD | | | L |
| Sep 13, 2023 | Wed | Regular Season | Tully, DeRuyter, Faith Heritage @ Fabius-Pompey | 4:30 PM | 6:30 PM | Highland Forest | | | L |
| Sep 20, 2023 | Wed | Regular Season | DeRuyter, LaFayette | 4:30 AM | 6:30 AM | TBD | | | L |
| Oct 4, 2023 | Wed | Regular Season | Onondaga Central @ Tully | 4:30 AM | 6:30 AM | TBD | | | L |
| Oct 7, 2023 | Sat | Practice (invitational at Tully) | N/A | 9:00 AM | | TBD | **Bus/Driver:** Cincinnatus | **Departure Point:** Cincinnatus High School **Departure Time:** 7:45 AM | |
| Oct 11, 2023 | Wed | Regular Season | Fabius-Pompey @ Manlius Pebble Hill | 4:30 PM | 6:30 PM | TBD | | | L |
| Oct 14, 2023 | Sat | Practice (invitational at Marathon) | N/A | 9:00 AM | | TBD | **Bus/Driver:** Cincinnatus | **Departure Point:** Cincinnatus High School **Departure Time:** 8:00 AM | |
| Oct 21, 2023 | Sat | Practice (invitational at Weedsport) | N/A | 9:00 AM | | TBD | **Bus/Driver:** Cincinnatus | **Departure Point:** Cincinnatus High School **Departure Time:** 7:15 AM | |
| Oct 25, 2023 | Wed | Regular Season (OHSL League Meet) | Onondaga Central, Cato-Meridian (Blue Devils), Weedsport, Pulaski, Altmar-Parish-Williamstown (APW Rebels), Faith Heritage, Manlius Pebble Hill, LaFayette, Bishop Ludden, Bishop Grimes, DeRuyter, Fabius-Pompey, Port Byron (Port Byron/Union Springs) @ Tully | 4:00 PM | | Tully XC Course | | | L |

Date: 2024-10-12